

Cornell University Cooperative Extension Wyoming County

Annual Report 2006

From the Director's Desk

As the new Executive Director for Cornell Cooperative Extension of Wyoming County, I believe it necessary to update the residents of this county with a brief autobiography of my previous work experiences. For the past twenty four years I have been the director of the Equine Racing Management program at Morrisville State College, as well as serving as Department Chairman of the Equine and Animal Science Department at various times in my tenure at Morrisville. Prior to that I served as coordinator for Large Animal science for Orange County BOCES. My first job after graduate school was in higher education as an instructor in Animal Science at SUNY Cobleskill.

My time in academia focused on strategic planning for staffing, curriculum and facility development, and funding in equine and large animal science programs. The high costs of animal science programs necessitated additional resource development outside of direct state funding lines. Clichés such as “innovative funding” and “creative financing” were essential phrases that were used to convince senior administration to launch a new or expanded program. These expansions were all done during an era when SUNY went from being state funded to state aided. Thus, my small claim to fame soon became one of developing entrepreneurial activities within a beaucratically structured system. Examples of such

activities were a commercial breeding program with syndicated stallions and the development of a college owned broodmare band. An equine auction that sold offspring from college owned mares as well as yearlings from privately owned farms from across the northeastern United States was then implemented.



William Maddison was appointed our new executive director in July of 2006.

It is with these experiences that I come to your beautiful and agriculturally-rich county. I thank the CCE Search Team, the CCE Board of Directors and the Wyoming County Board of Supervisors for giving me this opportunity to serve your county. My transition to this position and area has certainly been made more enjoyable by my association with such a knowledgeable, hardworking, and dedicated staff at the CCE office in Warsaw. With a strong spirit of teamwork and continued development of collaborations, we can create an extension organization that will meet the needs of the county and prosper well into the twenty-first century.

State of Extension, Wyoming County 2006

By: William Maddison, Executive Director

Cornell Cooperative Extension of Wyoming County experienced its share of transitions during the 2006 calendar year. When a key leader, such as Barbara Boyer retires, a leadership void is left, creating uncertainty about new directions or philosophical changes in mission. This void was immediately filled under the direction of the seasoned and very competent interim extension administrator J. C. Shaver. We are all-indebted to him and to Board President David Bojanowski for doing an excellent job in administering the daily routine of this office and transitioning to a new director.

As the new director for CCE of Wyoming County since July 2006, my first impressions of the county reveal an untapped synergy and a huge reserve of intellectual capital in the dairy industry. The fact that Wyoming County is the leading dairy-producing county in New York State speaks to the aggressive nature and management skills of the county's producers. The net result is a prolific, vibrant industry that leads the curve in dairy production in New York and is ranked nationally. However, this is an industry that is presently suffering from depressed milk prices and the lack of an ample supply of technically trained workers. The CCE agriculture program is working to address the worker shortage problem.

The Wyoming County 4-H Youth Development program continues to attract a large number of Wyoming County youth. They are drawn to 4-H due to the multiplicity of programs offered by a knowledgeable, dedicated and hard working staff. This staff, combined with a large and energetic volunteer



Wyoming County 4-H'ers have the opportunity to participate in many different types of workshops throughout the year. Pictured left is the Sheep Showing and Fitting Clinic that was held in July of 2006.

organization, makes for a top-quality program. The programs offered provide in-depth content, as well as a nurturing environment that paves a path to success for future citizens of the county.

An added attraction to this vibrant 4-H program is Camp Wyomoco, a camp where the values and ideals of 4-H can be subtly reinforced in a laid-back camping atmosphere. We are fortunate this year that the camp, with assistance from the Wyoming County Board of Supervisors, hired a new camp manager, Shawn Tiede. Shawn is an individual who comes to us with an extensive background in camping administration. We look forward to a revised camping program and the addition of new groups coming to the camp.

Our grant-funded "Eat Smart New York" program is now under the coordination of Elisha Jines. Her focus is to attract more client participation by reaching out to more local organizations. Additionally, she and her staff have initiated such programs as "Just For Men" cooking class and developed workshops that focus on cost effective ways to create nutritionally balanced meals. Recent success stories from research tested nutritional programs have introduced many healthier meal options that helped to lower cholesterol and blood glucose levels in many Wyoming County residents.

Under the direction of Megan Hoffman, the successful NYS Department of Health-funded program Reality Check, functions through the county's schools and community organizations to educate youth on the marketing techniques the tobacco industry uses to try and get teens to smoke. This program continues the fight to keep the Madison Avenue advertising approach of the major tobacco companies out of the minds of our county's youth.



Bruce Tillapaugh is discussing the benefits of manure injection at a workshop held in August of 2006.

Looking Ahead 2007

One of the first documents that was placed on my desk when I took this job was "Target Tomorrow", a Plan for Wyoming County's Future developed by the Wyoming County Board of Supervisors and the Office of Planning and Development (2001). A key recommendation is that "the county develop an educational and research center that would become a symbol of its state-wide leadership in agricultural activities." In an attempt to facilitate this proposal, CCE in collaboration with Quality Milk Services and Alfred State College has begun the process of developing the Wyoming County Dairy Institute. Initially the purpose of this institute will be to offer certificate programs in dairy industry. Ultimately, its intended purpose will be to offer an AAS in this same discipline. This program facilitated by the agriculture program and the aforementioned collaborators will be offered at Genesee Community College (GCC). Alfred State faculty and other agriculture professionals will offer the dairy-focused courses, and GCC will offer the General Education requirements for the degree.

The Master Gardener program and the garden series workshops under the direction of Lutie Batt will again be offered due to the great response and reviews received in 2006. A favorite of county residents are the seminars in maple syrup production. This program benefits the numerous producers in Wyoming County, as well as statewide producers who flock to these local seminars.



Another project for 2007 will be the incorporation of a revised grant proposal, Wyoming Initiative for Student Health (WISH). This is an elementary and middle school focused dietary and exercise program that was previously used in the county with great success. The State Attorney General's office requested that we strongly consider doing another year of collecting data for the WISH program by utilizing the Student Health Index. The WISH program will be under the direction of Megan Hoffman.



Camp Wyomoco, under the direction of Shawn Tiede, has already signed on a substantial number of new and different camping programs that will have added appeal for our 4-H'ers and other organizations that have camping interests. This facility has great potential and I can foresee a huge expansion in camping opportunities not only for Wyoming County residents and 4-H clientele, but for the entire New York State population.

Our 4-H program remains strong in all areas. The unique program schedule and the multiplicity of disciplines dealt with by an active staff and volunteers will continue to attract our county's youth. The county fair will continue to be the showcase for our youth involved in these programs. When analyzing the statistics for the past decade I find it utterly amazing that the numbers of participants in all youth programs at the fair has remained constant and has actually increased in some areas.

The CCE grant funded programs such as Eat Smart NY and Reality Check have demonstrated continued growth and expansion by reaching out to community organizations. Their plan is to continue to develop relationships and remain connected to school, community, and family-focused organizations for 2007.

Next year should be an exciting year for all programs in the CCE organization. Please contact us at (585) 786-2251 for any information you may wish to receive, and please get involved.

Cornell Cooperative Extension MISSION STATEMENT

The Cornell Cooperative Extension educational system enables people to improve their lives and communities through partnerships that put experience and research knowledge to work.



Shawn Tiede
Camp Wyomoco Manager

srt28@cornell.edu

The 4-H Camp Wyomoco resident camp program addresses the developmental needs and interests of campers within the goals and objectives of the 4-H Youth Development Program. The summer camp staff works hard to insure that campers have the opportunity to grow and learn in a safe, healthy, and positive environment.

During the summer of 2006, 919 young people enjoyed the summer camping experience at 4-H Camp Wyomoco. Campers participated in program areas of sports, performing arts, visual arts, nature activities and many more. Horsemanship Camp started off the summer with 79 youth practicing and learning new skills with their horses. This week long program is a signature program at 4-H Camp Wyomoco and was filled to capacity again in 2006!

*I loved camp so much and felt very much
at home.*

-2006 Wyomoco Camper

*My daughter had a great time and a
wonderful experience for her first time away at
camp. She looks forward to coming back
next year!"*

-Parent of Wyomoco Camper

Camp Wyomoco has a strong history and tradition of summer camping in Wyoming County. Increased marketing, facilities upgrades and improvements, as well as attracting other camping programs to our facility are all goals for the 2007 season. We plan to build upon this strong history and develop new and innovative programs for the future!



A New Position to Create New Opportunities!

By William Maddison, Executive Director

My first visit to Wyoming County and the CCE office included a tour and visit to Camp Wyomoco. This facility is truly a jewel and a tremendous resource for Wyoming County. Under the direction of 4-H Program Leader Angie Waligora and Interim Director J. C. Shaver, a decision was made to employ a manager for this facility.

With the cooperation and financial support of the Wyoming County Board of Supervisors, a position was developed and a search committee formed. The net result was the hiring of Shawn Tiede, our new camp manager. Since Shawn's entry into our county, he has already developed contracts for expansion by attracting rental groups, such as Camp Get-A-Way, and a new 4-H standardbred horse camp. This management position will allow for the full utilization and promotion of this facility at a local, state, and national level.

Shawn Tiede, Camp Manager

Education: B.S., Management, SUNY Geneseo

Experience: 4-H Youth Development Volunteer Coordinator, Cornell Cooperative Extension of Genesee County, 2003-2006; Senior District Executive, Boy Scouts of America, 1999-2002; District Executive, Boy Scouts of America, 1996-1999

Expertise: Resident camp operations, facilities planning and management, fundraising programs and opportunities, program planning and support



Camp Wyomoco Facilities

Camp Wyomoco is located on Buffalo Road near Varysburg. There are 280 acres of woods and fields where you can hike, swim, fish, study nature and much more. *(The camp facility is available for rental from April 15 through November 1; 4-H membership is not required.)*

- **18 cabins** - capacity of 10 to 12 persons each
- **Lodge Dining Hall** - large fireplace, bathrooms, dining and meeting facility for 275 persons
- **Lodge Kitchen** - full service kitchen, dishwasher, utensils, serving dishes and flatware
- **Bailey Lodge** - heated, 4 units, 6 bedrooms, 3 central living area, 4 bathrooms
- **Nature Center** - meeting/cooking quarters, 2 bathrooms/showers, kitchen facility
- **Girls and Boys Bath Houses**
- **Horse Barn** - house 20 horses with attached tack room, adjacent fenced riding area
- **Three-Acre Pond** - swimming, fishing, and boating areas, canoes available
- **Archery Range** - 4 targets, 8 shooting stations
- **Sports Fields**
- **Health Lodge** - infirmary, 1 bedroom, bathroom/shower
- **Director's Cabin** - heated, two bedrooms, bathroom/shower, kitchen
- **Teaching Center** - activity space for 25 people





William Maddison
Agriculture Program Leader

whm9@cornell.edu

CDL Training

The agriculture program has been actively focusing its energies on farm-worker training programs that enhance a value-added worker marketplace. One such initiative was the implementation of the Commercial Drivers License training, offered in collaboration with Genesee Valley BOCES. This program led to the upgrade to a class A or B license for many farmers and farm workers in Wyoming County. It involved four hours of classroom work to prepare for the written exam offered by the Department of Motor Vehicles, and four hours of over-the-road training for the actual driving test.



One of the benefits to this type of training module is that it can be offered at any time when demand warrants. Our many thanks to the administration and faculty of Genesee Valley BOCES for its design and format, as this has proved very beneficial to the agriculture community.

Hoof Trimming Workshops

Another suggestion that was acted upon by the agriculture program was the initiation of a hoof trimming clinic held at the Wyoming County Fire Training Center. It was organized in collaboration with Alfred State College, Quality Milk Services, Zinbro, and Old Mill feeds. In an attempt to attract more of our county's youth to the dairy industry, this program was opened up to a limited number of advanced 4-Her's and FFA students.

This instruction and "hands-on" activities, conducted by Steve Wolfgang of Zinbro and Dr. Dorothea Fitzsimmons of Alfred State College, offered great insight to the art of hoof trimming and proved successful enough to offer an advanced program in the spring of 2007. Look for an update!



Manure Injection Seminar

Working in collaboration with Western New York Crop Management Association and the North West Dairy Team, a collaborative seminar was organized in August on the varieties and types of manure injection systems. Approximately one hundred-thirty farmers attended with presentations by representatives of all collaborators and a question and answer session at the conclusion of the program. Implement dealers from the county and out of state displayed their wares to the gathering of farmers.

Developing A Curriculum (DACUM)

The last and most time consuming of our projects is the bringing together of various stakeholders, namely, Alfred State College and Quality Milk Services. The purpose of this collaborative effort is to form a dairy institute to offer training modules for certification as a dairy herdsman. One of the last phases of this collaborative arrangement for 2006 was the bringing together of the stakeholders and ten area dairy producers for the purpose of Developing A Curriculum (DACUM). After a five-hour session held in the conference room of the Wyoming Chamber of Commerce, all parties agreed on a final draft of the dairy herdsman curriculum. The next phase of this process is to take this draft of modules and flesh it out into a complete curriculum. Alfred State College will be allotting continuing education credits for each training module unit developed. A certification will be issued when all modules are completed. These modules can be taken for credit, working towards certification, or simply taken as non-credit training modules.



Rebecca Ireland-Perry

Animal Science
Community Educator

rli3@cornell.edu

Silo Density

Whether it's the baling machine (baleage), bagging unit (baglage) or mobile packing ballast (bunkers/drive-over piles) doing the packing, the more dense the ensiled product the more dollars of hard-managed forage gets fed to cows and converted to saleable milk.

This past summer, twenty Cornell and CCE Faculty, Specialists and Field Staff working in 17 areas around the state, including Wyoming County, collected data on an average of 3 bunker silos (a few of these may be drive-over piles) for a total of approximately 60 farms statewide. At silo filling they measured, as accurately as possible, the primary factors affecting silage density. These factors include: the rate new material (tons/hr.) is arriving, the packing layer (inches), packing tractor (or other vehicle) weight, packing tractor tire footprint, % dry matter of forage, packing time per load, particle length of forage, and height of the mass. The silo was marked so density samples can be taken from the same place the at-fill information was recorded.

The data collected will be analyzed to help shed some light on which factors have the greatest positive impact on density, how they can be manipulated, and in the end is the cost of achieving a higher density standard financially viable.



Tractors hard at work packing hay crop silage to optimize silage density.

TechMark, Inc. Approved Potato Lab

For many years, CCE of Wyoming County has helped chip potato producers in Wyoming and surrounding counties monitor the sugar content of their potatoes. This service benefits the producers by providing data to help manage both the harvesting and storage decisions to maximize the crop's yield and quality, thereby increasing the economic return. In addition, the lab also analyzes the potato trial samples from Cornell University. These trial samples are evaluating new potato varieties that have the potential to keep the chip potato industry moving forward.



Rebecca Ireland-Perry of CCE, Todd Forbush and Damon Johnson of TechMark, Inc., are entering data from the different varieties of chip potatoes sampled.

YSI Biochemistry Analyzer tests sugar content in potatoes.

For the 2005-2006 crop year, the lab processed 428 samples. Currently for the 2006-2007 crop year, the lab has processed 101 samples so far.

To further increase the benefit to the chip potato industry, we are working with Techmark, Inc., a commercial potato testing lab, to standardize our protocols for sugar analysis. By doing so, producers will gain access to data that correlates directly to the market in which they are competing in order to achieve an economic benefit.

Potato sugar testing is a powerful tool to use when determining how to manage chipping potato quality and timing movement. It is part of our overall quality program.

-Tom McCormick, McCormick Farms



Bruce Tillapaugh

Field Crops Educator

bpt2@cornell.edu

Production Agriculture Expo

Bill Cox of Cornell Cooperative Extension addressed field corn row spacing research results at the Production Agriculture Expo conducted at Letchworth Central School.



Research conducted locally is more closely aligned with county conditions and trends. Research factors included conventional and narrow-row planter setups and drilled corn in narrow row spacings. Local impacts include field corn performance under narrow row seeded conditions contrasted with conventional planter and corn established with a drilled equipment option. Local businesses such as dairy farms, machinery dealers, agri-lenders, seed retailers, and consumers all benefit. Extension programming strives to bring new technologies and methods to the local agriculture industry.

We value Cornell Extension faculty expertise in developing cost effective crop production approaches.

-Soil Health Workshop Participant

Pesticide Management Education Program

Mike Helms from the Cornell Pesticide Management Education Program demonstrated principles and options for field sprayer setup and configuration. (1)

The local community impacts of attending this program include greater proficiency in field sprayer operation, pesticide application, and sales of new nozzle technologies at local agri-business stores.

Pesticide re-certification credits are offered through CCE to assist those who need to meet pesticide certification renewal requirements.

Adding Diversity to Your Dairy Operation

Mike Baker, a Cornell Extension Beef Production Specialist, addressed the topic of "Adding Diversity to Your Dairy Operation" at the 2006 Production Agriculture Expo.

Whether you own a small or large value-added enterprise, you are ultimately supporting local business families. Grazing beef cattle has potential to benefit producer and consumer alike through cost-effective use of locally produced pasture forages and accessing local and regional markets.



(1) Mike Helms demonstrates efficient spray Rig nozzle technologies.



(2) Compost Bedded-Pack Barns can be used with dairy herds. A new local installation will provide Extension education opportunities for the region's dairy industry.

(3) Organic markets are growing at an increasing rate. Educational programs to address needs are in development for 2007.

Quality Milk Production Services Meeting

Linda Tikofsky, D.V.M., of Quality Milk Production Services discussed herd health care strategies for certified organic farm producers. (3) Certified organic markets are garnering greater attention with increased sales volume. Consumers are requesting increasing amounts of organically produced foods. Cooperative Extension brings the necessary management information to area producers to support these local agriculture businesses. You can anticipate increased levels of organic production educational programs to support this developing trend.

Their staff have always been right there for me when we had need for information.

-Agriculture Program Enrollee

Flex Membrane Manure Digester

Two anaerobic manure digester implementation projects were completed this past year on local farms. (5) These projects will provide electricity to the farm itself, and through the net-metering process provide additional inputs to the electric utilities for sale and distribution. The upside implications are reduced electric costs, as well as the potential to improve neighbor-relations (the digester process alters the strong odor of the manure).

Cooperative Extension has expertise to assist with implementation of new systems in our communities. There is potential marketing linked to the sale of carbon credits. For information on how to initiate a project, contact us at (585) 786-2251.



(5) Generating Electricity From Manure



(4) Soil health testing will be available to help crop managers improve soil productivity.

Soil Health Testing

Cornell University will begin offering a "Soil Health" testing program in the spring of 2007. (4) Harold van Es and Robert Schindelbeck from Cornell University demonstrated the field soil sampling aspects to Western New York crop production educators and consultants in November of 2006. The soil health testing program will provide a diagnostic technique along with recommendations for crop managers to improve soil productivity. Local producers and crops professionals will now have tools to evaluate current soil productivity trends and help improve the use of "Best Management Practices".

Compost Bedded-Pack Barn

A compost bedded-pack barn is under construction in Wyoming County and Cornell Cooperative Extension will assist in the evaluation of its performance. (2) Locally grown bedding choices will be evaluated along with the more traditional sawdust which is getting ever more expensive and difficult to purchase.

A grant request is pending to assist with costs associated with evaluation of this new dairy housing option. The agriculture community will gain hands-on insights into its performance and cost effectiveness. A local producer advisory committee is active in determining the aspects to evaluate and provide a broad base of experience to make timely management related decision improvements as we learn about its effectiveness.



Lutie Batt

Horticulture, Fruit & Maple
Community Educator /
Master Gardener
lcb37@cornell.edu

The Home Gardening enrollment increased this past year from 32 paid enrollees in 2005 to 103 paid enrollees in 2006. As an enrollee, you receive the quarterly "Home Gardening Newsletter" and stay up-to-date with a variety of gardening issues and events. Enrollees also receive free or discounted items and services from our office, including free soil pH tests, insect and plant identification and more.

Sugarbush Thinning Project

We collaborated with the Cornell Maple Team and Wyoming County Maple Producers to establish a series of small-scale experimental sugarbush thinning plots. These plots will be monitored for several years and be used to host educational field tours for other producers. Research on thinning will help producers make informed choices about when and how aggressively to thin. This research project will assess the extent and magnitude of tree health and productivity issues.

Garden Series

Seven garden workshops were held in this series covering topics from the basics of gardening to how to harvest, preserve and use garden produce. The last workshop in the series was a Garden Bounty Celebration. Participants were able to taste the results of our garden efforts and create a dried fruit and spice wreath. Twenty-one people attended and their evaluation stated they wanted more of this type of workshop series in the future. As a result of this Garden Bounty Celebration, I have been invited to demonstrate this dried fruit and spice wreath to three additional community groups.

I appreciate all the effort and work that you put into these classes. I enjoyed the whole series.

-Garden Series Workshop Attendee

WNY Maple School and Trade Show

This is an annual educational meeting for commercial and hobby producers of maple syrup and maple products. In 2006, 110 producers attended. Subjects ranging from Maple Equipment to Marketing to Forestry were covered.



Post-Harvest Workshop



Garden Bounty Celebration

Your classes are always wonderfully presented and useful.

Fantastic 1-1/2 hours!
-Garden Series Workshop Attendees



Garden Bounty Workshop



Western New York Maple Weekend

Plant a Row for the Hungry

Four home gardeners participated in this program to grow a little extra and donate the produce to local nutrition programs. The extra produce was distributed through our nutrition program here at Extension. Produce came in weekly and was immediately distributed during regular visits to the clients. All participants were grateful for the program.

Ag In The Classroom

This program fosters awareness, understanding and appreciation of agriculture and the food and fiber system. Five Wyoming County schools, eight volunteers and 309 children participated this year. The book "Extra Cheese Please, Mozzarella's Journey From Cow To Pizza" was read to 2nd grade students, helping children to understand that cheese originates from a cow and not the grocery store!

WNY Maple Weekend

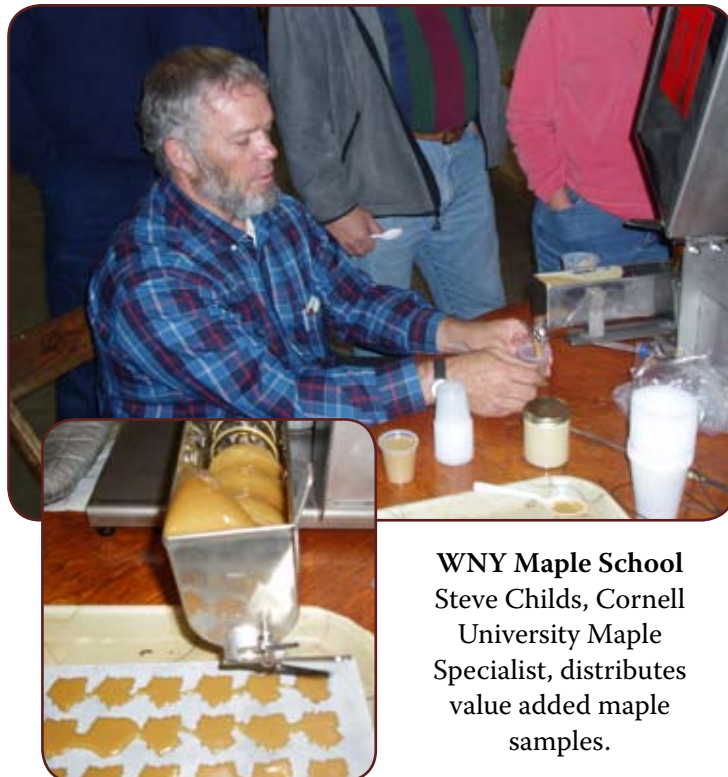
Wyoming County maple producers open their doors to the public to showcase the production of maple products from tree to table. Fourteen local producers demonstrated how maple syrup was made by tapping trees, collecting sap and boiling it into syrup. Producers also provided samples and sold maple products to the public. We at Extension help to promote this statewide event. Thousands of people from the cities and towns from around our county attend this as an annual family event.

First Annual Garden Education Day

In 2006, the Wyoming County Master Gardeners held their first annual Garden Education Day. A plant, refreshment, and gift basket sale was held, while Wyoming County Master Gardeners answered gardening questions and tested soil pH. A considerable amount of gardening educational fact sheets were also distributed. Approximately fifty people attended.

Warsaw Farmers' Market

While working with the market manager, new marketing methods to promote this market were implemented. A relocation of the vendor booths nearer to the road made the market more visible and accessible to the traffic passing on Main Street. An



WNY Maple School
Steve Childs, Cornell University Maple Specialist, distributes value added maple samples.

increase in advertising, including a promotion for a weekly demonstration featuring the local produce being sold, was also done.

As a result of these changes the attendance increased and held steady throughout the season. Positive comments were received from the regular vendors. These changes helped increase sales and promoted locally-grown produce. Many customers also made positive comments about the changes made to the market. One vendor "appreciated all the help we gave them this year and hopes it [this help] will continue."

WNY Maple Value Added Workshop

This workshop is part of the Quality Improvement and Market Expansion for New York Maple Value Added Products Project sponsored by the NYS Farm Viability Institute and Cornell University Maple Program. It featured training and hands-on experience in making maple confections and was the first in a series of two confections workshops for the participants. Due to the overwhelming response to our invitation we hosted 37 producers. New York is number 3 in maple production after Vermont and Maine. Wyoming County is number 2 after Lewis County for NY. Maple is about an \$8 million per year business.

I just wanted to tell you that you are doing a wonderful job at Extension.

- Wyoming County Maple Producer



Angela Waligora

4-H Program Leader

abw23@cornell.edu



William Goewey

4-H Agriculture
Community Educator

wdg3@cornell.edu



What is 4-H?

4-H is the Youth Development component of Cornell Cooperative Extension. Through 4-H, young people ages 8-19 learn citizenship, leadership, and life skills. 4-H members pledge their heads, hearts, hands, and health to the betterment of themselves and their communities.

In Wyoming County, our main delivery method is through the traditional 4-H Club Program, where young people are encouraged to develop a sense of belonging, achieve mastery, experience generosity, and gain independence. Complementing our club programs are 4-H Camp Wyomoco, 4-H special interest programs, and 4-H school enrichment programs.

In 2006, Wyoming County 4-H had 957 youth as members. In addition, 919 youth attended 4-H Camp Wyomoco, and 3831 were reached through 4-H school enrichment programs. The key to our successful 4-H program is our volunteer leaders. This year,

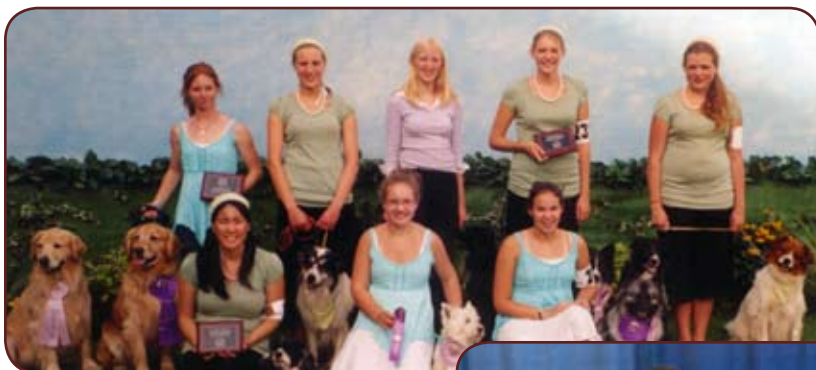
241 adults gave their time and talents to the Wyoming County 4-H Club Program. The following is a brief look into some of the accomplishments of our young people this year.

Success Achieved At State And National Events

By William Goewey and Angela Waligora

Success can be achieved in many different ways. For some, success lies in what we learned, the skills we developed, and the goals we met. For others, it may be in the friends we made, the enjoyment we experienced, or the honors we earned. In some 4-H programs, one measure of success is in the earned privilege of representing themselves and their county at state and national events. This year, Wyoming County 4-H had many youth who achieved this level of success.

New York State Fair 4-H Dog Exhibitors



Dog Obedience Program

In 2006, Wyoming County 4-H members in the dog obedience program earned five championships and four reserve championships at the New York State Fair competition. Amber Striecher of Strykersville earned three champion and one reserve champion awards.

Pictured left are the New York State Fair 4-H Dog Exhibitors: (In front from left to right is Hannah Mayer, Olivia Sherman, Amber Streicher. In the back row is Lauren Osborn, Holly Papke, Lisa Papke, Deandra Johnson and Sasha Rosier.)



Sarah Dylag of Attica



Emily Dutton of Holland



Drew Wiseley of Perry



Stanley Rogacki of Warsaw



Stephanie Spencer of Perry



Erika Miller of Wyoming

I like how everyone involved in 4-H helps each other learn - and there is so much to learn!

-Kristina Schie, 4-H member from Attica

Horse Program

In 2006, our 4-H members in the horse program were very successful. Eight youth participated in State Horse Judging, three in State Horse Hippology, one in State Horse Bowl, and six in State Horse Public Presentations. In addition, 14 members exhibited their horses and 5 worked in leadership positions at the New York State Fair. Several of our members were class winners at State Fair.

Erika Miller of Wyoming (*pictured above*) earned the High Point Rider Award at the 2006 Wyoming County Fair.

Dairy Project

As in years past, Wyoming County 4-H members in the dairy project earned many honors. This spring, 2 members participated in New York State Dairy Bowl, and this summer, 7 participated in Dairy Challenge, 8 in Dairy Judging, and 4 showed at the New York State Fair. Stephanie Spencer of Perry (*pictured above*) was a member of the Western District 4-H Dairy Bowl Team that placed first in New York State. In addition, Ben Chamberlain of Wyoming was a 2006 graduate of the NYS Junior Dairy Leader Program.

Goat Project

In 2006, we had 4 of our 4-H dairy goat members earn ADGA Star Awards for their does' milk production. Three members exhibited goats at the New York State Fair, earning four Reserve Championships and two Championships. In addition, Andrew Rogacki of Warsaw was the Junior Champion in Goat Judging at the State Fair. Andrew's brother, Stanley Rogacki (*pictured above*) exhibited the Champion Recorded Grade at the 2006 NYS Fair.

Swine Project

This summer, a record 112 youth participated in the Wyoming County 4-H swine project, including 16 who exhibited their hogs at the New York State Fair. Our members earned many honors, including several championships. Lauren Osborn of Portageville was named the Grand Champion Showman and also was the winner of the Empire Market Hog Contest. Emily Dutton of Holland (*pictured on previous page*) was the Reserve Champion Swine Showman, and also exhibited the Reserve Champion Market Hog.

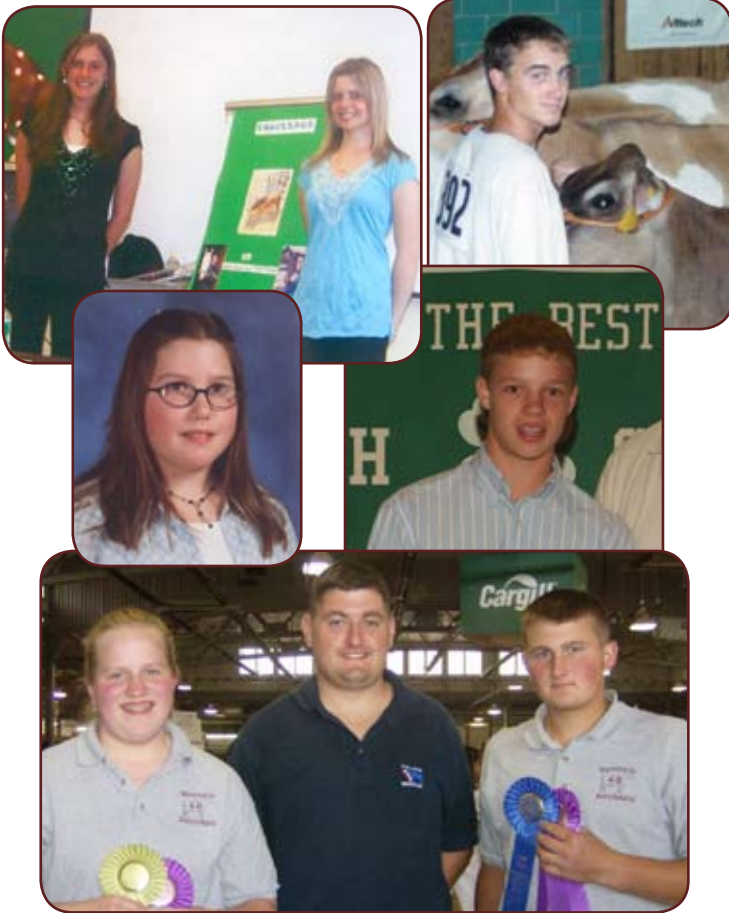
Sheep Project

Eight Wyoming County 4-H Members exhibited sheep at the New York State Fair. Many top honors and championships were earned, including Jessica Reisdorf of Attica, who exhibited the Supreme Champion Flock. Sarah Dylag of Attica (*pictured on previous page*) was named the Master Sheep Showman at the NYS Fair.

Beef Show

In 2006, five Wyoming County 4-H members participated in the beef show at the New York State Fair. Our 4-H'ers exhibited several class winners. Drew Wisely of Perry (*pictured above*) exhibited the Reserve Champion Limousin Heifer at the state fair.

Wyoming County 4-H'ers at National Educational Contests



Tonya Kempf and Jamie Gerde, both of Strykersville, (pictured top left) represented New York 4-H at the National Horse Public Presentations Event.

Wyoming County 4-H member Clayton Phelps of Groveland (pictured middle right) represented New York 4-H at the National 4-H Livestock Skill-A-Thon.

Ben Chamberlain of Wyoming (pictured top right) represented Wyoming County and New York 4-H well by placing 3rd at the Pennsylvania All-American Junior Dairy Management Contest.

Alexandra Blasdell of Bliss (pictured middle left) was a member of the 2006 New York State 4-H Horse Judging Team that competed at the National Contest.

Jessica Perkins of Arcade, pictured with Wyoming County 4-H dairy judging coach Mike Yoder and Travis Fitzsimmons of Leicester, traveled to Madison, Wisconsin for the National Dairy Judging Contest. Jessica and Travis were members of the 2006 Dairy Judging Team that represented New York State.



Joan Sage
4-H Community
Educator

jas88@cornell.edu

Cornell Cooperative Extension provides an excellent, creative hands-on program for our Honeycomb students. We all enjoy and continue to learn many interesting facts from Mrs. Sage's programs.

-Kathy Muehl, Honeycomb Program Coordinator

Thursday Is 4-H Day At The Honeycomb!

4-H Youth Development is an important component of the Honeycomb Afterschool Enrichment Program at Perry Central School. Through this grant-funded program, each Thursday we introduce 115 elementary and middle school students to the fun of 4-H. The students enthusiastically participate in many agriculture-related 4-H projects and activities. Topics have included animals, conservation, nutrition, and other favorites. 4-H Educators coordinate and present the weekly programs, often with the help of 4-H members, leaders, and other guests from the agriculture community.





Roxanne Dueppengiesser

4-H Home Economics
Community Educator
rld10@cornell.edu



Beth Reisdorf

4-H Community
Educator
bar11@cornell.edu

4-H Clothing & Textiles

Approximately 210 Wyoming County 4-H'ers are enrolled in the Clothing and Textiles project area.

One of the highlights of the project area is sewing a garment to be worn at the annual Clothing Revue. In preparation for the revue, on April 26th and 29th, eighty-three 4-H members had their sewing projects evaluated on all aspects of clothing construction including choice of fabric, sewing and finishing details, as well as fit. Sixty-six 4-H members participated in the revue held Friday evening, May 5th, at the Warsaw Central High School. The audience at this year's Clothing Revue had the opportunity to watch 4-H'ers model an array of garments including aprons, shorts, shirts, pants, and pajamas. Participants also showed off handmade sweatshirts, ponchos, jackets, skirts, and a variety of dresses.

Six 4-H'ers and two alternates were chosen to represent Wyoming County at the State Fair Clothing Revue in Syracuse. In addition, all senior blue ribbon winners were selected to represent Wyoming County at this year's Western District Clothing Revue, hosted by Wyoming County.

With the help of many Wyoming County 4-H volunteers and staff, the district revue was held at the Glen Iris Inn in Letchworth State Park on Friday, July 7th. The revue featured 54 4-H'ers from seven western district counties. The event also included a presentation on "Caroline Bishop", Mr. Letchworth's executive assistant, portrayed by Mary Ann Reisdorf of Strykersville. Ms. Reisdorf provided a unique insight into the life of William Pryor Letchworth and on the clothing of the times! Following the presentation, the 190 4-H'ers and registered guests enjoyed a delicious meal in the Glen Iris Inn and later visited many sites and enjoyed the beauty the park has to offer!

Wyoming County Dairy Fest

The annual Wyoming County Dairy Fest was held on June 2, 2006. The venue was the Warsaw Village Park which played host to over 1500 adults and kids. This was a great opportunity for our 4-H'ers to help with various educational exhibits promoting the Wyoming County dairy industry such as the annual buttershake and various educational games.



The annual Wyoming County Dairy Fest was a great opportunity for 4-H'ers to help promote the dairy industry in our community.



The 4-H District Clothing Revue was held at the Glen Iris Inn at Letchworth State Park this summer.



Elisha Jines
Nutrition Educator

ekj5@cornell.edu

Elisha is the newest educator on board, having just started this May. Elisha is often busy making home visits and this summer was helping out with summer recreation programs. Recently, she just finished a Culinary Tour of the World cooking class for her participants. The classes aimed to help participants make healthier and more nutritious food choices.

What is Eat Smart New York?

Eat Smart New York Food Stamp Nutrition Education program (FSNEP) and the Expanded Food and Nutrition Education Program (EFNEP) are programs designed to reach low-income households and provide them with information about healthy eating and wise use of limited resources for family meals. These programs run between 6-8 classes that focus on budgeting, stretching food dollars, food safety, quick and easy meals, meal planning, and healthy and nutritious meals. At each visit, participants are given incentive gifts, such as vegetable peelers, refrigerator thermometers, measuring cups, cutting boards and other goods that aid in healthy eating. Many of our lessons include a food component. We supply a low-fat, low-calorie recipe and the food. Most of the participants enjoy the hands-on experience. This



year alone we reached 88 FSNEP families that made an impact on a total of 256 individuals. Fifty EFNEP participants completed our classes and this made an impact on 190 individuals. If interested, call Cornell Cooperative Extension at 786-2251 and ask to speak to a nutrition educator.

The Eat Smart New York Program really changed the way I feed my family. I'm making healthier, more nutritious choices.
-Wyoming County Eat Smart New York participant

Caring About Perry (C.A.P.)

Caring about Perry is a program designed to help participants manage their resources so that their family members are healthy. Cornell Cooperative Extension provides weekly classes to participants October through June. Classes are planned to include the use of low cost, low calorie, surplus foods and foods that are in season. At the 17 classes, instructors reached 32 attendees.

United Way Parenting

Sponsored by United Way, the Active Parenting Program, which is used by this association as the parenting program of choice, provides a series of lessons for the parents of toddlers, grade-school children, and teens. It focuses on topics such as non-violent discipline techniques, improving communication, teaching responsibility, handling problems as they come, coping with difficult topics such as drugs, violence, sex, defusing power struggles, stimulating independence, and encouraging children to be their very best. There are classes as well as one-on-one instruction.

Active Parenting continues to be valuable to the residents of Wyoming County. This year we provided this service to 67 parents, many of whom were in a personal or family crisis such as incarceration or loss of custody. This is an 88% completion rate, that is 20 % higher than the previous year. This program is open to any parent who feels they would benefit from the information and is also sometimes mandated by the court system. If interested, call Cornell Cooperative Extension and ask to speak to a nutrition educator.



The United Way grant allows our educators to deliver free, quality education programs for parents in our community.



Sue Randall
Nutrition Educator

str3@cornell.edu



Fran Tozier
Nutrition Educator

fmt1@cornell.edu



Pam Shelnut
Nutrition Educator /
Data Entry

pjs34@cornell.edu

Sue Randall has been with Cornell Cooperative Extension (CCE) for 18 years. She has worked with numerous families, recreation sites, and after school programming as well as investing her time in the Caring About Perry (C.A.P.) project. Sue is also busy working with our United Way grant, which deals with parenting. This year alone, Sue has worked with 48 individuals under this grant.

Fran Tozier has been here at CCE for 15 years. She is often busy making home visits, involved in our parenting program, and can often be found heading up a cooking class for her participants. Together, Fran and Sue have started another "Just For Men" cooking class.

Pam Shelnut has been working as a Nutrition Educator for CCE for just under one year. This year Pam has worked with summer recreation sites, 4-H groups, individuals and enjoys working with the Office of the Aging seniors in Arcade. Pam is full of great ideas and is always ready to help someone out!

Since Fran started working with me my cholesterol level has gone down 80 points!

My doctor was thrilled.

- Wyoming County Eat Smart New York participant

"Just for Men" Cooking Class

This is a class designed for low-income men who want to enhance their cooking skills for themselves and their families. Sue and Fran have recently set up a series of eight lessons where the men meet not only to cook, but also to learn of the nutritional value of eating healthy. "Serving up Side Dishes", "Quick Easy Planned Leftovers", "Lose those Love Handles" and "Hearty Soups and Stews" are just a few of the healthy recipes these men will be cooking up! Not only are our recipes nutritious but also economical as well. If you are interested in joining our Just for Men's Class, call Cornell Cooperative Extension and ask to speak to a nutrition educator at (585) 786-2251.



Teaching Wyoming County residents to prepare nutritious meals creates a healthy and happy community.



Carol Nicometo
Genesee Community
College Intern

Carol Nicometo is currently working on a Human Service degree from Genesee Community College. As an intern for 2006, Carol helped out with developing lesson plans, she attended networking gatherings, helped to develop marketing brochures and sat in on home visits. It was our pleasure to have Carol here at Cornell Cooperative Extension!



Megan Hoffman
Reality Check Coordinator

mcw34@cornell.edu

Reality Check Working to Protect Wyoming County Youth!

Reality Check is now into its fifth year of programming and education on the manipulative marketing techniques that the tobacco industry uses to try to get teens to smoke. Reality Check is a program for teens that works to keep the tobacco industry out of our communities. This year Reality Check shifted its focus to obtaining resolutions and policies that will keep the tobacco industry out of Wyoming County. The idea behind resolutions and policies is that it sustains keeping the tobacco industry out of our community for years to come. Reality Check has worked on resolutions and policies in the areas of smoke free movies, tobacco sponsorship and promotion of free events, and tobacco ad free magazines.

Reality Check has worked on getting smoking out of movies for the past three years. In the first year of the project Reality Check youth inundated movie stars and the Motion Picture Association of America (MPAA) to try to change the movie rating system. Reality Check would like to see an R rating for any movie that depicts smoking. Amazingly smoking in movies is responsible for 52% of new teen smokers. Reality Check is now working with parent and community organizations to let the MPAA know that we are concerned about the amount of smoking in movies. Because of this RC has worked to obtain resolutions that are in support of smoke-free movies. Thank you to the following Wyoming County organizations for supporting smoke free movies: Wyoming County Board of Supervisors,

Reality Check has taught me so much about the way the tobacco industry tries to get me to smoke, plus it's fun!

-From Samantha Curtis of Wyoming School



Wyoming County Reality Check Youth work on the "Chain of Life" project.

Wyoming County 4-H, Partners for Prevention, Last Night Perry, and the Tiger Support Network!

Reality Check has also been working with community events to sign policies that prevent the tobacco industry from sponsoring or promoting themselves at a local event. A child who is aware of tobacco promotional activities and is exposed to tobacco promotional items is 3.4 times more likely to smoke, a child who participates in a tobacco industry promotional event is 9.3 times more likely to smoke, and a child who receives a free tobacco promotional product from a tobacco industry promotion is 21.8 times more likely to smoke than other kids. The Wyoming County Dairy Fest and Last Night Perry have signed polices stating that they will not allow tobacco industry sponsorship or promotion at their events!

The last area that Reality Check focused on is tobacco ad-free periodicals. Last year RC made a county-wide change on this issue and all schools in the U.S. began to receive tobacco ad free issues of Time, Newsweek, US News and World Reports, People, and Sports Illustrated. RC youth are working to enhance the number of magazines included in this agreement and would like Outdoor Life, Field and Stream, Popular Mechanics, Jet, Ebony, and Essence to start sending tobacco ad-free issues to schools. Reality Check thinks that schools should be a safe place for students and the tobacco industrys' advertising shouldn't be allowed in an environment of learning. Attica Central School has signed a resolution supporting tobacco ad-free magazines at their school.

Thank you to all organizations that care about Wyoming County youth and signed petitions supporting Reality Check's issues!

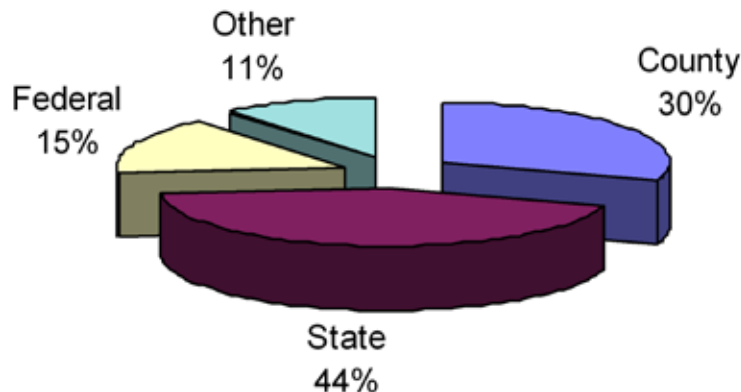
Cornell Cooperative Extension of Wyoming County

An Estimate of Support Received for year ending 12/31/06

(Refer to F.O.R.M. Code 502 for additional information)

NOTE: The amounts shown for university resources in this report are estimates only and not to be used to support the association's cost share on grant or contract budgets.

1. COUNTY		
a. Appropriation		\$378,196.00
b. Other county support		\$97,500.00
TOTAL COUNTY SUPPORT		<u>\$475,696.00</u>
2. STATE		
a. County Law 224 Formula		\$50,275.00
b. Special Projects (grants/contracts) funded by State funds through Cornell University.		\$0.00
c. Special projects (grants/contracts) funded by state funds direct to association from State agency.		\$77,560.00
d. Fringe benefits		\$276,452.23
NOTE: Fringe benefit amount will be inserted if recorded in general ledger. If not recorded in general ledger (disclosed in Notes), insert the fringe benefit amount manually on this form (see F.O.R.M. Codes 602 and 706).		
e. University resources (\$31,407 x # of exempt program positions)		\$282,663.00
TOTAL STATE SUPPORT		<u>\$686,950.23</u>
3. FEDERAL		
a. Smith-Lever		\$12,933.00
b. EFNEP		\$64,000.00
c. Special projects (grants/contracts) funded by Federal funds through Cornell University.		\$1,295.00
d. Special projects (grants/contracts) funded by Federal funds direct to association.		\$0.00
e. Smith Lever Communication Support		\$5,240.00
f. University resources (\$18,477 x # of exempt program positions)		\$147,816.00
g. Fringe benefits paid by Cornell (\$3,008 x # of employees in the job category of Extension Resource Educator and above)		\$9,024.00
TOTAL FEDERAL SUPPORT		<u>\$240,308.00</u>
4. OTHER SOURCES OF SUPPORT		
a. Enrollment fees, program participation fees		\$26,090.00
b. Sale of equipment, news income, dividend income, interest income rent income, 4-H camp and fund raising, misc. income.		\$135,920.84
c. Contributions-restricted & unrestricted		\$7,775
d. Special projects (grants/contracts) funded by other funds through Cornell University.		\$0.00
e. Special projects (grants/contracts) funded by local agency or other sources.		\$8,933.00
TOTAL OTHER SOURCES OF SUPPORT		<u>\$178,718.84</u>
TOTAL SUPPORT TO ASSOCIATION		<u>\$1,581,673.07</u>



Donna James
Finance / Office Manager

dmj22@cornell.edu



Debby Spink
Assistant Bookkeeper/
Receptionist

djs32@cornell.edu

Board of Directors

David Bojanowski, President
*Denis Berwanger, Vice President
Bonnie Bowman, Treasurer
*Cindy Parker, Secretary
*Suzanne West
*Korinna Taylor
*Joseph Wolak
*Tom Fitch
*Kathleen Miller
James Brick
Terry Gifford
James Flint
Douglas Gillette
Charlotte Hamon
Barbara Myers

Perry
Silver Springs
Wyoming
Perry
Varysburg
Wyoming
Attica
Perry
Wyoming
Perry
Ithaca
Warsaw
Warsaw
Warsaw
Dale
*At-Large Member

4-H Program Committee

James Flint, Chairman
Bonnie Bowman, Vice Chairman
Connie Richards, Secretary
Robert Todd
Lynn Brennan
Sarah Youngers
Donna Almeter
Elizabeth Sechrist, Teen Rep.
Ben Chamberlain, Teen Rep.

Warsaw
Wyoming
Silver Springs
Warsaw
Wyoming
Arcade
Strykersville
Arcade
Wyoming

Family & Consumer Sciences Program Committee

Linda Rubeck
Ellen Hamilton
Barbara Myers
Charlotte Hamon
Rebecca Larmon
Linda Nash
Edgar Turner

Arcade
Bliss
Dale
Warsaw
Darien
North Java
Warsaw

Agricultural Program Committee

Russ Miller, Chairman
Kitty Dziedzic, Vice Chairman
Laurie Mitzel, Secretary
Thomas Jeffres
David Bojanowski
Douglas Gillette
Brian True

Arcade
Bliss
Warsaw
Wyoming
Perry
Warsaw
Perry

Cornell Cooperative Extension Staff

Association

William Maddison, Executive Director/Ag Program Leader
Donna James, Finance and Office Manager
Deborah Spink, Receptionist/Assistant Bookkeeper/Secretary
Jennifer Rincon, Desktop Publisher/IT Support

Agriculture Program

Bruce Tillapaugh, Field Crops Specialist
Rebecca Ireland-Perry, Dairy, Livestock and Potato Educator
Lutie Batt, Natural Resources and Horticulture Educator
Diane Almeter, Administrative Assistant

4-H Youth Development

Angela Waligora, 4-H Program Leader
Roxanne Dueppengiesser, 4-H Program Educator
William Goewey, 4-H Program Educator
Joan Sage, 4-H Program Educator
Beth Reisdorf, 4-H Program Educator
Shawn Tiede, 4-H Camp Wyomoco Manager
Sharon Wolcott, Administrative Assistant

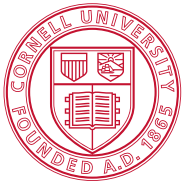
2006 Grant Programs

Elisha Jines, Eat Smart New York Nutrition Educator
Susan Randall, Eat Smart New York Nutrition Educator
Frances Tozier, Eat Smart New York Nutrition Educator
Pam Shelnut, Eat Smart New York Nutrition Educator
Megan Hoffman, Reality Check Coordinator

**We offer practical solutions
for a complex world.**

**Call Us Monday - Friday
8:30 a.m. - 4:30 p.m.**

(585) 786-2251



Cornell University
Cooperative Extension
Wyoming County

401 North Main Street Warsaw, NY 14569