



Camp Located at 2780 Buffalo Road, Varysburg, NY 14167



# 2012 Camp Handbook

4-H Camp Wyomoco  
Cornell Cooperative Extension - Wyoming County  
401 North Main Street  
Warsaw, NY 14569

Email: [Wyomoco4HCamp@Cornell.edu](mailto:Wyomoco4HCamp@Cornell.edu)  
Camp Business Office: 585-786-2251  
Camp: 585-535-7381

[www.CampWyomoco.com](http://www.CampWyomoco.com)

## Inside This Handbook

Drop-Off/Pick-Up Information  
What to Expect at Camp  
Packing Lists (Regular & Horse Camp)  
Horse Camp Supplemental Info  
Answers to Common Questions  
Everything you need to know for camp



## Important Information to Know

**About Week 1 HORSE CAMPER REGISTRATION:** Registration is Sunday from 10:00 a.m. to Noon. There is no early admission. A picnic style lunch will be provided. If you are going to be late, please call us at camp: (585) 535-7381.

**About REGULAR CAMPER REGISTRATION:** Registration is Sunday from 1:00 p.m. to 3:00 p.m. in the Main Lodge. There is no early admission. If you are going to be late, please call us at camp: (585) 535-7381. Your child's first meal at camp, supper, will begin at 5:30 p.m.

**About ARRIVAL PROCEDURES:** Please follow staff directions and park vehicles where you are directed. Parking is allowed along both sides of the camp driveway. You will not be able to drive your car into the cabin area to unload your belongings. Be prepared to make a few trips to your cabin. Bringing a small handcart or wagon may make things easier.

**PETS (EX.- DOGS) ARE NOT ALLOWED AT CAMP DURING REGISTRATION**

**About Camper Health History Form:** A Camper Health History form is available on our camp web site. Please fill it out completely. A parent or guardian must sign FORM 1. A doctor's signature is required on FORM 2 if your child needs to take any prescription or over-the-counter medications.

The nurse at camp can only administer Over-the-Counter and/or prescription medications following orders that are written specifically for the individual camper by their physician – please see FORM 2. Please note that the dosage on the prescription bottle must match the doctor's written instructions.

### Please Note New Requirement

**Camper Health History Form MUST BE MAILED TO  
CAMP OFFICE THREE WEEKS PRIOR TO YOUR CAMPER'S FIRST SESSION.**

#### **About CLOSING TIME:**

During Weeks #1-5 the last meal is Friday's supper. **You must pick up your child between 7:00 p.m. and 7:30 p.m. Friday.** Campers remaining at camp after 8:00 p.m. will be assessed a \$50 late fee

During Week #6 the last meal is Friday's breakfast. **You must pick up your child between 9:00 a.m. and 9:30 a.m. Friday.** Campers remaining at camp after 10:00 a.m. will be assessed a \$50 late fee.

Campers who are staying for another week must leave on Friday and come back to camp on Sunday. There are no staff members available at camp over the weekend.

# Important Information to Know

**Telephone:** Camp's telephone services the Camp Office, the Kitchen, and the Maintenance Office. It is important for the safety of all campers that this line is available for business use. For this reason, we ask that you refrain from calling camp unless there is an emergency requiring your child's immediate attention.

**Cell Phones:** Camper cell phones are not permitted at camp for a variety of reasons. Cell phones, like many other modern technologies, are expensive possessions which can easily be lost or damaged within the course of a week at camp. Additionally, camp is an exciting opportunity for children to build a sense of independence and we encourage them to focus on their camp experience. *Please do not send your child to camp with a cell phone.*

**Mail:** Campers are always eager to get a friendly note from home. All letters, care packages and other mail should be mailed to: Camper's Name, Camper's Cabin (if you know it at the time of the mailing), 4-H Camp Wyomoco, 2780 Buffalo Road, Varysburg, NY 14167. It is a good idea to send mail a day or two in advance of your camper's visit so that it arrives on their first day of camp. (See page 4, "Preventing Homesickness" for letter writing tips.)

**Bunk Mail:** 4-H Camp Wyomoco is using *Bunk Notes*. This service is a one-way e-mail service offered through a private internet program. There is an additional fee, set by *Bunk1*, for this service. Go to our website at [www.CampWyomoco.com](http://www.CampWyomoco.com) to sign up. E-mails are received at the Cooperative Extension office, printed, and delivered to camp each day. There are currently no facilities for campers to send an e-mail reply from camp.

**Leaving Camp:** Campers will be allowed to leave camp and return during the week for pre-arranged and emergency reasons only. They must be signed in and out at the office. No refunds will be given for time spent away from camp.

**Visiting Camp:** We believe camp provides an opportunity for youth to acquire self-reliance, and confidence through achievement in a new environment. We ask that parents/guardians refrain from visiting campers during their stay, unless there is an emergency. Any persons visiting the camp, for any reason, must check in at the Camp Office upon arrival. At no time are outside visitors permitted on the property without checking in with the Camp Office. Our staff is advised to address any unknown persons on the property and escort them to the Camp Office. This is a measure that we take for the safety of our campers.

**Refunds before the start of camp:** If a doctor's certificate is provided stating that the camper is unable to attend camp because of illness or injury, the camp fee, minus the deposit, will be refunded. A letter from a principal or other school official is required for campers who cancel out of a session because they have to attend summer school. The balance, minus the deposit, will be refunded. Refunds for the balance of the camp fee, less the deposit, are made **ONLY** for cancellations received in writing at least three weeks prior to the opening day of the camp session.

**Refunds during camp:** If the camp nurse and the camp director decide that a camper should be sent home for medical reasons, a refund for the balance of the camp period will be made on a prorated basis, minus deposit, computed as of noon each day. No refunds will be given for camper experiencing a difficult adjustment to camp or is sent home for violation of camp rules or a preexisting condition.



## More Important Information

**Camp Store:** The camp store will be open during registration. Campers are responsible for safeguarding their own funds during their stay at camp. \$20 is sufficient. The camp store is open daily: stamps, post cards, small toilet articles, stationery, and snacks are available.

T-shirts and sweatshirts are available for sale in the store. Campers may purchase these themselves, or they may be purchased during registration or pick-up. Campers are not encouraged to bring large sums of money to camp.

**Cabin-Mates:** Cabin-Mate requests will be honored only when the campers are approximately the same age. Camp Wyomoco requires that there be no more than 2 years age difference between campers housed in the same cabin. Cabin mates must have requested each other on the application in order to be honored.

**Problems with Other Campers:** Staff is trained in conflict resolution skills and will be available to help any camper with problems. Our hope is that campers will be cordial to each other and the staff.

**Camp Wyomoco Behavior Standards:** The following behaviors will not be tolerated at Camp Wyomoco: fighting, foul language, violence, stealing, use of illegal substances, unexcused absence from classes, cabin time, or other scheduled activity, destruction of camp or individual property. We reserve the right to expel a camper for serious misbehavior. In the event that a camper's behavior cannot be controlled, a parent will be called to take that camper home.

**Homesickness:** Every effort will be made to help the camper become adjusted to and enjoy their stay at camp. However, in the event that those attempts fail, you will be called to take the camper home.

### Preventing Homesickness:

- Never bribe or coerce an unwilling child to camp.
- Emphasize that your child is "going to camp", rather than you are "sending your child to camp".
- Avoid statements like "We're really going to miss you", which may make the child feel bad about being away.
- Speak directly and honestly about homesickness with your child. Make it clear that it is a natural and normal feeling. Discuss coping strategies your child can use if he or she feels homesick at camp.
- Do not say "If you don't like camp, you can come home". When campers know that parents are willing to pull them out of camp, they are less likely to give camp a fair chance.
- Write letters to your camper. You may want to send the first letter a day or two before camp, so that it arrives on the first day of camp. Ask them about camp and encourage them to write back. Avoid telling them the things going on at home, which may make them feel they are missing out.

**Illness:** A registered nurse is on duty at all times during the week. Campers who become ill will be cared for by the nurse in the health lodge. In the event of an emergency, a parent or guardian will be contacted and the camper will be taken for off-site treatment.



# All About Camp Wyomoco

**General Info About Camp:** Camp Wyomoco was dedicated in 1964 and continues to be a source of pride for Wyoming County. Each day at camp is filled with a variety of programs and activities. Camp Wyomoco is open to all boys and girls ages 8 to 16. Older teens are encouraged to participate in the Counselor-in-Training program (CIT).

**Location:** 4-H Camp Wyomoco is located near Varysburg, NY (20 miles south of Batavia) and features 280 acres of woods, meadows and a 3 acre pond.

**Staffing:** The staff members selected to work at Camp Wyomoco are hired based on their experience working with children. They are dedicated and conscientious. Staff members undergo a comprehensive background check. Counselors share cabins with campers and teach camp classes and activities.



**Living Areas:** All campers live in rustic cabins with at least 2 counselors in supervision. Most cabins hold 8 campers and no more than 14 campers. Flush toilets and showers are located in both the girls' and boys' areas.

**Meals:** Our professional kitchen staff takes pride in preparing food that is both nutritious and appealing to children. We serve plenty of wholesome food and all the milk you can drink! The first meal is Sunday supper and the last meal is Friday supper.

**Lost and Found:** If you are missing an item call the camp office at (585) 535-7381 as soon as you realize it is missing. We will check to see if it is at camp, and then make arrangements with you to come pick it up. Camp is not responsible for lost items. All unclaimed items will be donated to charity at the close of the last summer session. To reduce the risk of lost and unclaimed items, please label all your child's belongings.

## -Open House Dates-

If you are interested in learning more about Camp Wyomoco, taking a tour, and visiting with staff, please join us at one of our Open House programs.

**Sunday, April 15, 2012 -- 1:00 to 3:00 p.m.**

**Sunday, May 20, 2012 -- 1:00 to 3:00 p.m.**

**Sunday, June 10, 2012 -- 1:00 to 3:00 p.m.**

## Horse Care At Camp for Horse Campers Week 1

**Food:** You must bring enough hay and grain to feed your horse for the entire week. (This does not apply to campers who are in our "Rent a Horse for the Week" program.) Hay nets should be full, and refilled as necessary. It may be a good idea to bring a tarp to cover the hay and gear left near your horse in case of inclement weather.

**Bedding:** Frequently campers bring their own bagged shavings or straw to bed their tie stall. This is particularly important if rain is predicted for the week. Camp does generally have a supply of shavings available for emergency situations.

**Stall Area:** Tie stalls are open to the elements. Tack, feed and other supplies kept here should be covered in case of bad weather. There are places to fasten water buckets, hay nets, and butt ropes.

**Illness:** If a horse becomes sick or injured, the horse owner will be contacted and veterinary care will be consulted.



## About SAFETY for Horse Campers Week 1

This is a strenuous program for both you and your horse. To make this program the most enjoyable it is advised that you get yourself and your horse ready for this week. Get into shape by riding at least one hour per day for a few weeks prior to camp.

Each camper is expected to practice safety around the horses. An ASTM-SEI certified hard hat is required of all participants in the program. Please bring your own. (Camp does have a few to

borrow if yours is not acceptable.) Also, closed toe boots with at least a ½-inch heel are to be worn while riding and while in horse area. Under no circumstances will sneakers be sufficient when tending or riding the horses.

Campers will not be permitted to tack their horses at their trailers. All campers must tack under supervision in the stall area. A tack cabin is available for equipment. Equipment may also be kept in waterproof containers behind the camper's horse in the stall rows.

## About HORSE CARE for Horse Campers Week 1

The horses need to be safe too. Each camper is solely responsible for the care of his or her own horse. The horse is to be treated with the highest ethical standards. It is also expected that each camper be able to feed, water, groom and tack his or her horse unassisted. Stalls are to be cleaned and maintained on a regular basis. The staff is available for help; however they are not responsible for caring for the campers' horses. If at any point a camper needs help, a staff member will readily assist. Please do not bring green broke horses to camp! Bring a horse that you are familiar and comfortable with. A night watchman supervises the horses at night.

# What Campers Should Bring

**Suggested for camper:** Please label all items with camper's name.

## Clothing:

- |  |  |
|--|--|
| <input type="checkbox"/> Shorts                  | <input type="checkbox"/> T-Shirts                |
| <input type="checkbox"/> Jeans                   | <input type="checkbox"/> Sneakers and/or boots   |
| <input type="checkbox"/> Heavy jacket or sweater | <input type="checkbox"/> Pajamas                 |
| <input type="checkbox"/> Raincoat or Poncho      | <input type="checkbox"/> Socks and underwear     |
| <input type="checkbox"/> Bathing suit            | <input type="checkbox"/> Sandals with heel strap |

Everyone should have at least one pair of long pants for hiking. If you have them, bring two bathing suits and an extra pair of old shoes or sneakers. Be sure to bring an ample supply of socks. All campers are encouraged to wear socks!

## Toilet Articles:

- |  |   |
|--|---|
| <input type="checkbox"/> Bath Towel        | <input type="checkbox"/> Wash cloth           |
| <input type="checkbox"/> Soap in a soapbox | <input type="checkbox"/> Toothbrush and paste |
| <input type="checkbox"/> Comb or brush     | <input type="checkbox"/> Shampoo              |
| <input type="checkbox"/> Deodorant         | <input type="checkbox"/> Beach Towel          |
| <input type="checkbox"/> Shower Sandals    | <input type="checkbox"/> Plastic Shower Tote  |

Try to bring unscented toilet articles. The bugs at camp really enjoy scented soaps and shampoos; so don't encourage them to bother you!



## Camp Life Items:

- |   |   |
|---|---|
| <input type="checkbox"/> Insect Repellent (non-aerosol)   | <input type="checkbox"/> Flashlight (& extra batteries) |
| <input type="checkbox"/> Sunscreen (non-aerosol)          | <input type="checkbox"/> Bag for dirty clothes          |
| <input type="checkbox"/> Camera (optional)                | <input type="checkbox"/> Notebook and pencil            |
| <input type="checkbox"/> Pillow & Pillow Case             | <input type="checkbox"/> Sleeping bag or bedding        |
| <input type="checkbox"/> Single Bed Fitted Sheet for Bunk |   |

## Other Possibilities:

- |  |  |
|--|--|
| <input type="checkbox"/> Musical Instrument                  | <input type="checkbox"/> Travel Games                                    |
| <input type="checkbox"/> Fishing Pole                        | <input type="checkbox"/> Costume & Accessories for Theme Week            |
| <input type="checkbox"/> Nice "Dressy" Clothes for Dance     | <input type="checkbox"/> Camp Store Money ( <i>Bring \$1s and \$5s</i> ) |
| <input type="checkbox"/> Leadership Bandana, if you have one |  |

**Items left behind at camp will be placed in the lost and found at the Nurse's Lodge. After the last session of summer camp ALL unclaimed Lost & Found will be donated.**

## **More Things to Bring**

**Eyeglasses/Contact Lenses:** If you wear either of these, try to bring an extra pair with you. If you wear contacts and have a pair of glasses, please bring them. Label each pair with your name.

**Things you may not bring:** Cell Phones, Radios/iPods/iPads, etc., Handheld Video Games, Spray cans, Expensive Cameras, Knives/Jack Knives, Candle or Lanterns, Food/Candy/Gum, Weapons of any kind, Expensive or sentimentally valued jewelry.

Note: Campers who bring any of the above items will be asked to surrender them to the Camp Staff and may face further disciplinary action. Camp is not responsible for confiscated items.

## **Is your child enrolled in the Horsemanship Class?**

### Please bring the following items:

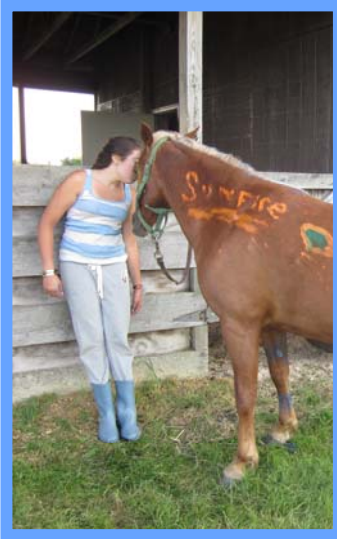
- Boots with a closed toe and a ½ inch or higher heel. No sneakers or flat-soled shoes will be allowed with the horses.
- Additional Long Pants
- Raincoat
- Horseback riding helmet, if you own one. The Health Department requires that protective headgear be worn at all times during riding activities at camp. If you do not have one of your own, camp will loan one to you.

# Additional Items Week 1

## Horse Campers Should Bring

### Required before entering:

\_\_\_ Current 2 year Coggins & Annual Rabies Certification  
 (Please mail a copy of these certifications to the camp office in advance. Bring original documents to camp with your horse.)



### Required at registration:

- \_\_\_ Certified hard hat (type-ASTM-SEI) *BRING WITH YOU TO TABLE*
- \_\_\_ Riding Boots – Closed Toe with 1/2" or greater heel

### Required For Camper: Please label all items with camper's name.

- \_\_\_ Jeans (several pairs)      \_\_\_ Rubber Boots
- \_\_\_ Raincoat or Slicker      \_\_\_ Alarm clock (recommended)

### Required For Horse: Please label all items with camper's name.

- \_\_\_ Extra halter and lead rope
- \_\_\_ Water bucket & grain bucket
- \_\_\_ Grain (critter proof container)
- \_\_\_ Jackknife (recommended)
- \_\_\_ Manure bucket & pitchfork
- \_\_\_ 3 double snaps  
(for buckets and hay net)
- \_\_\_ Saddle, bridle (not show)
- \_\_\_ Saddle pads
- \_\_\_ Fly spray
- \_\_\_ Butt ropes
- \_\_\_ Hay bag or net
- \_\_\_ Grooming supplies, clean rags
- \_\_\_ Hay for the week
- \_\_\_ Grain for the week
- \_\_\_ Bedding straw or shavings

## Typical Day at Camp

- 6:30 a.m. Polar Bear Swim
- 7:00 a.m. Horse Care / Rise and Prepare for Breakfast
- 7:45 a.m. Morning Round Up and Flag Rising
- 8:00 a.m. BREAKFAST
- 8:30 a.m. Cabin Time
- 8:40 a.m. Camp Store Open
- 9:00 a.m. Activity Period #1
- 9:50 a.m. Activity Period #2
- 10:40 a.m. Activity Period #3
- 11:20 a.m. Lazy Time, Activity Board Sign-Up, Hoppers  
Camp Store Open
- Noon LUNCH
- 12:30 p.m. Cabin Time
- 1:40 p.m. Roundup
- 2:00 p.m. Activity #4 – Activity Board
- 2:50 p.m. Activity #5
- 3:40 p.m. Activity #6
- 4:25 p.m. Free Swim & Camp Store Open
- 5:00 p.m. Return to Cabins
- 5:15 p.m. Central Camp Lazy Time, Hoppers
- 5:30 p.m. SUPPER
- 6:00 p.m. Camp Store Open, Central Camp Lazy Time
- 6:15 p.m. Flag Lowering & Evening Activities
- 8:15 p.m. Return to Cabins
- 8:30 p.m. Village and Cabin Activities
- 10:00 p.m. Lights Out and Quiet

Hoppers are those campers whose turn it is to help set the dining hall for meals. Lazy Time is a period of unscheduled activity when campers can hang out and talk or play basketball or tetherball in the central camp area. Campers are supervised during this time. Each day is busy and full, so be sure to get plenty of sleep before you come to camp and while you are here!



ACA Accreditation means that Camp Wyomoco submitted to a thorough (up to 300 standards) review of its operation by the American Camp Association (ACA) — from staff qualifications and training to emergency management. American Camp Association collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that current practices at the camp reflect the most up-to-date, research-based standards in camp operation. Camp Wyomoco and ACA form a partnership that promotes summers of growth and fun in an environment committed to safety.

ACA helps all accredited camps provide:

- Healthy, developmentally-appropriate activities and learning experiences
- Discovery through experiential education
- Caring, competent role models
- Service to the community and the environment
- Opportunities for leadership and personal growth