

**FOR MORE INFORMATION
OR**

TO REGISTER CONTACT:

Cornell University Cooperative Extension Warren County
377 Schroon River Road
Warrensburg, NY 12885
Phone: (518) 668-4881 or (518) 623-3291
E-mail: rmw38@cornell.edu

Parents Apart Registration Form

Name _____

Street _____

Town/City _____

Daytime Phone _____

E-mail Address _____

Name of Child's Other Parent: _____

(You will not be placed in the same class as the other parent of your child(ren).

Select session you would like to attend:

_____ October 1 & 8, 2008

_____ December 3 & 10, 2008

Some sessions fill up quickly. You will receive confirmation from the program administrator as to the session assigned.

Have you been requested by a court to attend this program? No ___ Yes ___

If yes - name of judge _____

Index/File No. _____

Docket #: _____

Please complete both sides of this form and mail it along with a check for \$50 (or a request for a scholarship, if eligible) to the above address.



Divorce and separation are like a bolt of lightning hitting a family; usually the children are not even aware of the existence of a storm.



Children from families of divorce and separation may suffer painful consequences, and yet children who are surrounded by support and given the skills and information needed to cope with the situation suffer fewer painful consequences.



Cornell Cooperative Extension in Warren County provides equal program and employment opportunities.

Parents Apart

A parent program designed specifically for parents who are separating, divorcing, or parenting apart from the other parent. The main focus is on helping parents understand what their children are experiencing and how they can help them through this transition.

**October 1 & 8, 2008
Or
December 3 & 10, 2008**

6 P.M.—9 P.M.

Queensbury Location

Cornell University Cooperative Extension
of Warren County
377 Schroon River Rd.
Warrensburg, New York 12885
(518) 668-4881
(518) 623-3291

This program will be primarily concerned with helping parents understand what their children are experiencing and how they can help them through the unique circumstances of separation or divorce. Emphasis will be on the parent-child relationship and will focus on what parents can do to promote a healthy adjustment for their children and protect them from the negative effects of ongoing parental conflict. Strategies to help make the transition easier and more successful for children will also be included.

Experience and research supports the following concepts:

- **All families have some strengths.**
- **Different family forms can promote and support the healthy development of children.**
- **Children who do best are the ones who feel loved.**
- **Children who do best are the ones who have been allowed to develop a relationship with each parent when it is safe to do so.**
- **Children who do best are the ones who have parents who support their child and protect their child from ongoing conflict between the parents.**

Some of the topics to be covered:

- **Importance of mothers and fathers in the healthy development of their children.**
- **How to provide a stable supportive home environment.**
- **How parents can help their children understand and cope with divorce.**
- **Children's reactions to divorce based on their developmental level.**
- **Models for cooperative and/or parallel parenting**
- **Communication Strategies – do's/don'ts.**
- **How to avoid common pitfalls and assist children in transition.**
- **Understanding the legal process and its effects on children**



This program is a six hour series that is conducted in two sessions ...

Offered
October 1 & 8, 2008
Or
December 3 & 10, 2008

6:00 P.M. —9:00 P.M.
Queensbury Location

COST: \$50.00
(Covers both Sessions)

Scholarships Available
(if eligible)

Are you currently in danger of your partner or ex-partner doing any of the following:

1. Physically hurting you by, for example; pushing, grabbing, slapping, hitting, choking or kicking?
2. Threatening to hurt you, your children or someone close to you?
3. Making you afraid?

_____ Yes (You will be contacted by the program administrator. Please indicate the safest way to contact you).

_____ No (None of the above applies to me or I choose not to answer these questions at this time).