



Cornell University Cooperative Extension Warren County

October 21, 28 and November 4, 18 & 25, 2008

Tuesday nights from 6:30—8:30 p.m.

Parenting Skills Workshop Series

Parenting can be a rewarding and exciting journey for parents. Although, sometimes there are detours and bumps in the road. The Parenting Skills Workshop Series is a FREE 5-week educational program for parents and caregivers that highlights 4 basic parenting skills that are essential to building strong family relationships. Presented by Cornell University Cooperative Extension in collaboration with Warren County Health Services.

Parents/ Caregivers will learn:

- How to be more effective in the parenting role;
- How to foster self-esteem in their child;
- How to teach acceptable behavior;
- Respecting children's feelings;
- Discipline techniques; and
- Self-control



Held at a convenient Queensbury location.

Pre-registration required by calling Roxanne Westcott at 668-4881 or email at rmw38@cornell.edu by 10/17.

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377 Schroon River Road
Warrensburg, NY 12885
(518) 668-4881 or 623-3291

On the web: www.cce.cornell.edu/