

Cornell Cooperative Extension-Tompkins welcomes you to...

Culturally Sensitive Parenting¹

Because ... parenting can be better together!

- Session 1** ***Path to the Pyramid of Success***
- Welcome, overview and ground rules
 - Life goals, Necessary Characteristics
 - What Parents Can Do

- Session 2** ***Social Learning***
- Social Learning Theory
 - Describing & Counting Child Behaviors
 - Pin pointing Behavior

- Session 3** ***Effective Praise***
- Effective Praise
 - The Extended Family

- Session 4** ***Discipline***
- Traditional and Modern
 - Time out, logical consequences

- Session 5** ***Family Rules***
- Family Rules, Family Meetings
 - Child Development Abilities

- Session 6** ***Thinking Parent's Approach***
- Overall Approach
 - Thinking about Causes, Thinking about Rules & Their Use
 - Chit chat time

- Session 7** ***Reasons for Not Using Corporal Punishment***
- Reasons Why Parents Should Avoid Corporal Punishment
 - Using Mild Social Disapproval Method

- Session 8** ***Behavior Techniques – an Overview***
- Review, putting it all together
 - Program evaluation
 - Graduation, Awarding of Certificates
 - Celebration

To recognize your commitment to the Parenting Skills Workshop Series certificates will be given out at the last session.



If you:

- attend **all 8 sessions, perfect attendance**, you will receive a **Certificate of Completion with a gold seal on it.**
- attend **5, 6 or 7 of the first 7 sessions** you will receive a **Certificate of Completion.**
- attend **3 or 4 of the first 7 sessions** you will receive a **Certificate of Participation.**

¹ This 8-week workshop is based on the ***Effective Black Parenting***™ curriculum from the Center for the Improvement of Child Caring. ***EBP*** is a "model program" listed by the US Dept of Justice, Office of Juvenile Justice & Delinquency Prevention. ***Culturally Sensitive Parenting*** is offered two times a year with funding from the Tompkins County Dept of Social Services.