

SCHENECTADY COUNTY STORES HONORING WIC CHECKS

Price Chopper	422 Balltown Road, Schenectady Eastern Parkway, Schenectady 1879 Altamont Avenue, Rotterdam 290 Saratoga Road, Scotia
Hannaford	1400 Altamont Avenue, Schenectady 262 Saratoga Road, Glenville 3333 Consaul Road, Niskayuna
Albany St. Mini Market & Deli Aumiller's Pharmacy* (Specialty Formulas)	705 Albany Street, Schenectady 1340 State Street, Schenectady
Mini Mark Deli	864 Albany Street, Schenectady
Save-A-Lot	1530 Altamont Avenue, Rotterdam
Wal-Mart	200 Dutch Meadows Lane, Glenville
The State Street Market	775 State Street, Schenectady
Ice Cream Candy Store	929 Crane Street, Schenectady

* Pharmacies are contracted to sell WIC formula only.

***Schenectady County WIC Program
1044 State Street
Schenectady, NY 12307
Phone: (518) 346-8818
Fax: (518) 346-2398***

Cornell Cooperative Extension, Schenectady County provides equal program and employment opportunities. Cornell Cooperative Extension, Schenectady County engages individuals and communities, through education, to develop knowledge, skills and leadership to improve their quality of life.

WIC/ShoppingGuide/Rev. 08/09



Cornell Cooperative Extension, Schenectady County WIC Program Shopping With Your WIC Checks

BEFORE SHOPPING

- ◆ Check the date on your WIC checks. You can use it on the day written or any of the next 29 days.
- ◆ Use checks only at authorized stores, called vendors. See list on back of this pamphlet.
- ◆ Make sure you or your proxy has your WIC check or checks, your WIC I.D. and this shopping guide.

AT THE STORE

- ◆ Buy only the foods specified on the checks. These foods are chosen for their specific nutritional value, so substituting is NOT allowed.
- ◆ If you have any questions, ask the store clerk for help before you get to the check out counter.
- ◆ Use coupons and buy sale items when possible.

AT THE CHECKOUT COUNTER

- ◆ Separate your WIC foods from other grocery items you may be buying.
- ◆ Put the foods for each check into separate groups.
- ◆ Tell the cashier that you are using WIC checks and give the cashier your check and I.D. card.
- ◆ Fill in the "Pay Exactly" box with total cost as the cashier adds up each check. The cashier may fill this in also.
- ◆ Sign the check only after the "Pay Exactly" box is filled in.
- ◆ Give the cashier the check and get your I.D. back.



Your Responsibilities as a WIC Participant

As a WIC Program participant, you should:

- ◆ Pick up your food vouchers on time. **If you miss your check pickup, please call right away or you could lose checks.**
- ◆ Show identification and sign for your food vouchers.
- ◆ Use your food vouchers within the time limit.
- ◆ Use your food vouchers only at WIC-authorized grocery stores (vendors).
- ◆ Use your food vouchers only for the foods allowed by the WIC program.
- ◆ Be courteous to store employees and WIC Program staff.
- ◆ Make sure that either you or the cashier writes the actual price of the foods on the food vouchers.
- ◆ Sign your food voucher at the checkout counter.
- ◆ If someone else picks up your WIC foods for you, teach that person the right way to use the vouchers.
- ◆ Report any unlawful or rude treatment you get at the grocery store to your WIC Program staff.
- ◆ Make sure you are not enrolled at two or more clinics at the same time.



Your Rights as a WIC Participant

When you take part in the WIC Program, you have the right to expect that:

- ◆ At least one WIC-authorized store will be located in your area.
- ◆ Your WIC foods will be fresh.
- ◆ The WIC foods listed on your vouchers will be in stock most of the time.
- ◆ You will be treated courteously at the grocery store.
- ◆ Your store will handle your WIC purchases without needlessly pointing you out to other shoppers.
- ◆ You will be treated courteously by the store manager or by your WIC Program staff when you report any problems you have at the store.

You Can Be Removed From the Program:

- ◆ If you do not tell the truth when you apply for program benefits.
- ◆ If you sell or trade your foods or food vouchers.
- ◆ If you buy non-WIC foods or other items with your food vouchers.
- ◆ If you fail to pick up your food vouchers for two months.

WIC is an equal opportunity program. Persons who believe they have been discriminated against because of race, color, national origin, sex, age or disability, should write to the Secretary of Agriculture, USDA, Washington, DC, 20250. New York State also prohibits discrimination based on creed and marital status. Persons who believe they have been discriminated against based on the New York State Human Rights Law should call the Growing Up Healthy Hotline at 1-800-522-5006, or write to the WIC Program Director, New York State Department of Health, Albany, NY 12223.