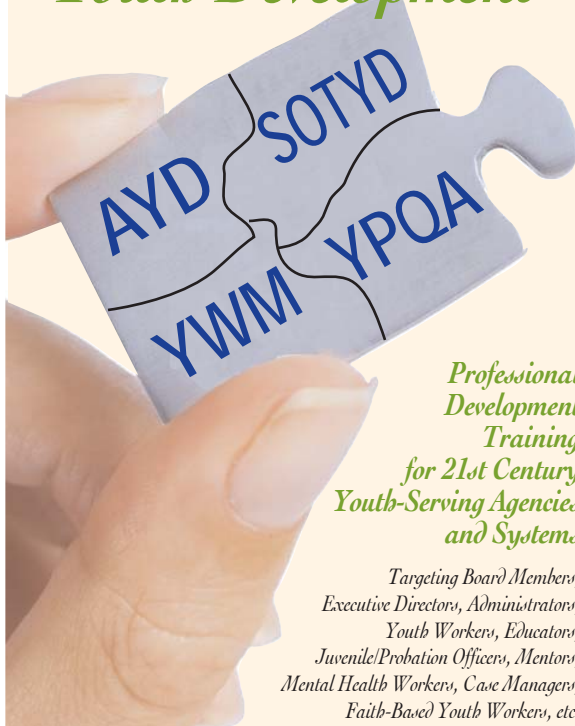




Cornell University  
Cooperative Extension  
Orange County  
18 Seward Ave., 3<sup>rd</sup> Fl., Middletown, NY 10940

## Professional Development Training Catalogue

# Helping to Complete the Puzzle of Positive Youth Development



*Professional  
Development  
Training  
for 21st Century  
Youth-Serving Agencies  
and Systems*

*Targeting Board Members,  
Executive Directors, Administrators,  
Youth Workers, Educators,  
Juvenile/Probation Officers, Mentors,  
Mental Health Workers, Case Managers,  
Faith-Based Youth Workers, etc.*

## 2009 Training Schedule

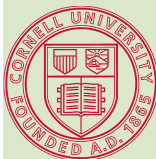
*A Local Initiative Sponsored By:*



**Orange County  
Youth Bureau**

Edward A. Diana, County Executive

*And*



**Cornell University  
Cooperative Extension  
Orange County**

845-344-1234 www.cce.cornell.edu/orange

## Youth Worker Methods Trainings

**Target Audience: Frontline Youth Workers.** Each 2 1/2 hour, interactive workshop provides concrete strategies for improving program quality and youth engagement. The training schedule for 2009 is still being developed. Each workshop can also be offered as an in-service and is available upon request. Please contact the O.C. Youth Bureau at 845.615.3620 for more details.

For more complete description of each workshop, please visit [www.orangecountygov.com/youthbureau](http://www.orangecountygov.com/youthbureau) and click on the *Training* button.

*The following modules are covered during the training:*

**Voice & Choice** -focuses on providing meaningful choice within activities and opportunities for youth input within the youth program itself.

**Planning and Reflection** -introduces participants to powerful and easy to use methods that promote youth engagement in planning, implementing, and evaluating activities and projects.

**Building Community** -introduces participants to a variety of activities designed to support the community building process

**Cooperative Learning** -equips participants with grouping strategies and ways to think about building cooperative learning into any program offering

**Active Learning** -introduces the "ingredients" of active learning, explains the role that active learning plays in the experiential learning cycle, and helps participants create more powerful learning opportunities for youth

**Scaffolding for Success** -introduces participants to the concept of "scaffolding" - working closely and attentively with youth to identify their learning edge, and providing the right amount of support and challenge

**Ask-Listen-Encourage** -introduces various communication techniques that help you build more supportive, youth-centered relationships

**Reframing Conflict** -introduces participants to a step-by-step model for reframing conflict as well as general principles of conflict resolution

**Structure and Clear Limits** -helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits

**Homework Help** -introduces participants to the relationship ABC's (Ask and Listen, Be involved, and Connect) as well as the concept of "focus" ~ helps participants reconsider Homework Help as another opportunity to build relationships and nurture positive growth, beyond getting the work done

## Youth Program Quality Assessment

Youth Program Quality Assessment (YPOA) is a research-validated observation instrument developed by High Scope and the Forum for Youth Investment, focusing on the quality of youth programs that serve young people in an out of school setting. The YPOA has been used in locations such as but not limited to after-school, community, and mentoring programs, as well as residential treatment facilities. There are two age appropriate versions of the instrument; one focusing on grades 4-12 and the other ages K-6 years. The YPOA is noted for its test-retest reliability allowing improvements to be easily displayed over time. This nationally recognized instrument is a proactive approach to identifying the agencies strengths and focus areas.

This free 2-3 hours workshop would provide an overview of the assessment instrument, preparation to completing the Program Self-Assessment and set the foundation for the External Assessment. Time will also be spent covering the Youth Worker Training opportunities we offer directly correlated with the focus areas of the YPOA. The Youth Worker Method Trainings listed in this brochure are provided at no cost to attendees. Please go to the Youth Bureau website at [www.orangecountygov.com/youthbureau](http://www.orangecountygov.com/youthbureau) for further information regarding the opportunities involved with the YPOA.

*Sponsored by Orange County Youth Bureau, United Way of Orange County, and Ready by 21.*



**Orange County  
Youth Bureau**

Edward A. Diana, County Executive



All youth ready for  
college, work & life.

## Advancing Youth Development

This full 18-hour revised Advancing Youth Development (AYD) training allows youth workers to obtain skills to match the critical challenges of youth development. AYD is a comprehensive, interactive training. **\*\$70 per person.**

# AYD

*Target Audience:* Those working directly with youth (i.e. front-line Youth Workers, Educators, Mentors, Juvenile/Probation Officers, Casemanagers, Mental Health Workers, Librarians, Youth Pastors, etc.).

**Spring Session:** Fridays, March 6, 13, 20, 27  
9:00 AM – 3:00 PM  
**Reg. Deadline: Feb. 20**  
Newburgh Rec. Dept. Activity Center  
401 Washington Street, Newburgh

**Summer Session:** Mondays, May 1, 8, 15, 22  
9:00 AM – 3:00 PM  
**Reg. Deadline: April 24**  
Cornell Cooperative Extension,  
18 Seward Ave., 3rd Fl., Middletown

**Fall Session:** Mondays, Oct. 2, 9, 16, 23  
9:00 AM – 3:00 PM  
**Reg. Deadline: Sept. 19**  
Newburgh Rec. Dept. Activity Center  
401 Washington Street, Newburgh



## Advancing Youth Development "The AYD Basics"

This 4-hour course provides a brief overview of the full AYD course. See how the full training will help your staff be more skilled, competent and confident youth workers. **\* \$15 per person. This course is offered as an in-service and is available upon request.**

*Target Audience:* Those serving in a supervisory capacity (i.e. Executive Directors, Supervisors, Board Members, etc.).



## Strengthening Organizations Through Youth Development

A diverse team from your organization will attend this 5-hour **introductory workshop**, covering a variety of topics, as a means of organizational commitment to Youth Involvement in decision and policy making. Teams will reconvene after 90 days to examine action plan progress, obstacles, new strategies and success stories, and plan long-range strategies that sustain the initiative and strengthen the organization. **\*\$15 per person.** Lunch provided. **Registration deadline: April 3.**

*Target Audience:* Teams of those serving in the capacity of making organizational changes and setting policies (i.e. Board Members, Exec. Directors, Administrators, etc.), and Youth. **NOTE: youth are out of school for this week in April.**

**Monday, April 20:** 10:00 AM – 3:00 PM  
Newburgh Rec. Dept. Activity Center  
401 Washington Street, Newburgh

**Wed., April 22 for Youth Bureau funded programs only:**  
10:00 AM – 3:00 PM  
Cornell Cooperative Extension,  
18 Seward Ave., 3rd Fl., Middletown

**Thursday, April 23:** 10:00 AM – 3:00 PM  
Newburgh Rec. Dept. Activity Center  
401 Washington Street, Newburgh

## For More Information

\*There are a limited number of Scholarships available for Youth Bureau Funded Agencies. For details, and for other questions regarding AYD programming, please contact Jerome Christie at 845-344-1234, jgc9@cornell.edu or fax 845-343-7471.



## Youth Development Philosophy

Youth development is an inherently natural process. In order to ensure that the process is successful it is guided by a set of principles that enable all young people to thrive. It is further supported by positive practices within families, communities and systems. These principles and practices are distinguished by the presence of positive youth outcomes as a result of the increased developmental asset inventory of youth.

This revised curriculum (2006) adds a host of new materials, resources, activities to the five core concepts described in the original Advancing Youth Development Curriculum written by AED/Center for Youth Development and Policy Research, Washington, D.C., in 1996, in collaboration with the National Network for Youth, Inc.

## For Other Great Training Opportunities...

...that can be tailored to meet the needs of your agency for moving toward greater quality through Program Assessment and the Positive Youth Development Approach; building Core Competencies of your staff; and to learn more about Asset Development Strategies, contact the O.C. Youth Bureau.

**Phone:** 845-615-3620  
**Email:** youthbur@co.orange.ny.us  
**Website:** www.orangecountygov.com/youthbureau

*Funded in part by the Orange County Youth Bureau and Cornell Cooperative Extension Orange County.*

Cornell University Cooperative Extension provides equal program and employment opportunities.

## 2009 Registration Form

Please indicate which training(s) and name/title for each registrant. (OK to copy form as needed)

\*Youth Bureau Funded Agency:  Yes  No

**Advancing Youth Development (18 hr.)** \*\$70/person

\_\_\_\_\_ Spring Session: March 6, 13, 20, 27

\_\_\_\_\_ Summer Session: May 1, 8, 15, 22

\_\_\_\_\_ Fall Session: October 2, 9, 16, 23

**Strengthening Organizations (5 hr.)** \*\$15/person

\_\_\_\_\_ Monday, April 20

\_\_\_\_\_ Wed., April 22 for Youth Bureau funded programs only

\_\_\_\_\_ Thursday, April 23

*I am interested in the following. Please notify me when avail.*

\_\_\_\_\_ Youth Worker Methods Training

\_\_\_\_\_ Youth Program Quality Assessment

Name

Title

Agency/Program

Address

City

State

Zip

Daytime Phone

E-Mail

Please make checks payable to Cornell Cooperative Extension.

**Mail completed form and payment to:**  
Cornell Cooperative Extension Orange County,  
18 Seward Avenue, Suite 300, Middletown, NY 10940-1919  
Attention: AYD Training