

## **4-H Camp Wabasso 2009 OPTIONAL SPECIALTY PROGRAM SIGN-UP**

The following optional programs are taught by professionals in the field. There is an extra fee of \$20.00. If you are interested, please check next to the class you'd like to take and return with the \$20.00 fee. This class would fill one of your activity periods each morning at Camp. Each class is based on interest so if we do not have enough sign-ups we will let you know and return your \$20. **The traditional camp class signups will still be during the registration process on the Sunday of your camp week.**

Camper name \_\_\_\_\_ Age \_\_\_\_\_ Phone # \_\_\_\_\_

### **Week 1: July 5-10**

Babysitting, Instructor: Kat Kallen, Cornell Cooperative Extension Parenting Educator

Babysitting Basics teaches children about child development, safety issues, poison control, fun games, how to make nutritious snacks, and much more. We do crafts, learn about shaken baby syndrome and role play different scenarios that the youth may encounter while babysitting.

Wilderness Survival, Instructor: Lonny Barker, a former Marine

Learn to navigate the woods and survive in the outdoors with a former Marine. The course is filled with exciting tips and techniques on how to survive in the woods without the luxury of a tent, and other normal camping equipment. This course will teach skills that could be life saving.

Musical Theatre, Instructor Terpsie Toon, a former Broadway performer

Theatre & Movement will allow the camper to become more aware of their body and self-expression through, theatre, movement and dance. This theatre class incorporates the style of Broadway musical theatre, jazz and a bit of hip hop. Will work on a routine from either "Annie", "Music Man", "Oliver", "Fiddler", "Peter Pan", or "Bye Bye Birdie"

### **Week 2: July 12-17**

Magic, Instructor: Sky Sands, professional clown, magician, actor, comedian

Professional Magician and Comedian Sky Sands will open up his bag of tricks of the trade to teach slight of hand magic and illusion.

Improv Comedy, Instructor: Sky Sands, professional clown, magician, actor, comedian

What's this about? We'll "make it up" as we go along. Learn how to respond in a humorous way in a second's notice with people you hang around or play with, or with people you don't even know. Remember, one of the best ways to make friends and get people to appreciate you is to make them smile. It's fun when you're having fun with others, doing what your not sure what you're going to do next.

Origami, Instructor: Sky Sands, professional clown, magician, actor, comedian

Turn any square piece of paper or dollar bill into a piece of art, or a unique gift. Learn the techniques that will enable you to make such things as the crane, the frog, the kiss, and much, much more.

Juggling, Instructor: Sky Sands, professional clown, magician, actor, comedian

*"Juggling didn't teach me how to stop dropping things. It **did** teach me to catch them before they hit the floor!"*  
Learn to juggle. It's great for the mind, body and soul, not to mention it's fun, and people love to watch you do it. You'll learn basic 3 ball juggling, as well as various "tricks" to spice up your routine.

### **Week 3: July 19-24**

Wilderness Survival, Instructor: Lonny Barker

Learn to navigate the woods and survive in the outdoors with a former Marine. The course is filled with exciting tips and techniques on how to survive in the woods without the luxury of a tent, and other normal camping equipment. This course will teach skills that could be life saving.

Basic First Aid, Instructor: Trained First Aide Instructor from the Ski Patrol at Dry Hill Ski Area

The course will cover a variety of basic first aide techniques including splitting, head trauma, bandaging, CPR, etc.

Creative Writing, Instructor: E.M. Crane & Nicole Corkcolis

A creative writing workshop where students are encouraged to create interesting characters while developing their own original story ideas.

*Week 3 continued on back...*

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Martial Arts/Self Defense, Instructor: Tae Kwon Do Training Center

Tae Kwon Do Training Center is pleased once again to be part of this years summer camp program at 4-H Camp Wabasso. TTC has a long tradition of involvement with 4-H Camp Wabasso. TTC will provide campers the opportunity to have fun learning Tae Kwon Do, and at the same time learn some self defense that will benefit them long after their stay at camp is done. The program will allow campers to work out, gain confidence and learn some self defense from certified Tae Kwon Do Black Belts. The program is geared for campers of all ages and abilities.

**Week 4: July 26-31**

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Basic First Aid, Instructor: Trained First Aide Instructor from the Ski Patrol at Dry Hill Ski Area

The course will cover a variety of basic first aide techniques including splitting, head trauma, bandaging, CPR, etc.

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Wilderness Survival, Instructor: Lonny Barker

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Advanced High Ropes Training, Instructor: Andy Pappas

This advanced course, for ages 10 and up will take campers to a whole new level of high ropes work where they will learn how to operate in the trees and belay.

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Martial Arts/Self Defense, Instructor: Tae Kwon Do Training Center

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**Week 5: August 2-7**

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Magic, Instructor: Sky Sands, professional clown, magician, actor, comedian

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Creative Writing, Instructor E.M. Crane

Award-winning author Eileen Crandall (pen name E.M. Crane), author of "SKIN DEEP" will teach a creative writing workshop where students will be encouraged to create interesting characters while developing their own original story ideas.

**Week 6: August 9-14**

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Woodcraft, Instructor: Jim Gwise

Campers will work on woodworking projects throughout camp with Jim Gwise, previous 4-H Camp Wabasso Director

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High Ropes Certification, Instructor: Andy Pappas, Camp Ropes Coordinator

This advanced course, for ages 10 and up will take campers to a whole new level of high ropes work where they will learn how operate in the trees and belay.

## Specialty Program Instructor Biographies

### **Terpsie Toon (Musical Theatre)**

Terpsie received her primary training at the School of American Ballet. She danced with the Radio City Ballet Company/Rockettes and spent 13 years dancing in musical theatre. Her many tours included "Mame," "Makin Whoopie," "Chicago," "No No Nanette," "Anything Goes," and Broadway "Sugar Babies." Terpsie has taught ballet, jazz, lyrical, and tap for over 18 years. She earned a BA from Empire State College with a concentration in Dance and Theatre and is pursuing her Masters in Dance Education/ABT pedagogy at NYU.

### **Kat Kallen (Babysitting)**

Kat has been a Parenting Educator for nearly four years with Cornell Cooperative Extension. Her background also includes being a New York State Certified Family Childcare provider, a certified Doula.

### **Llyod Barker (Wilderness Survival)**

Lloyd, a former Marine, was deployed in 36 different countries. He has camped "in the field" in the Phillipines, Okanawa, Iraq, Panama, Kwait, England, Australia, Iowa Jima, Spain, Portugal, Scotland, and many other exotic locals. "Lonny" is an avid hunter, and fisherman. He grew up in the area and is a veteran of the woods in and around 4-H Camp Wabasso.

### **Andy Pappas (Advanced High Ropes)**

A longtime counselor and Ropes Coordinator at 4-H Camp Wabasso. Andy is certified by High Five Adventure.

### **E.M. Crane aka Eileen Crandall (Creative Writing)**

Eileen grew up mostly in rural New York State, where fun meant getting your hands on a tractor tire tube and spending a few hours navigating the local creek (pronounced crick). Currently living in Sackets Harbor New York, which is snowball-chucking distance to both Canada and the Adirondack Mountains, depending on which direction you chuck the snowball. She's been a newspaper reporter, a cemetery fence painter, a drive-through window worker, and a writer of many things, including How To Operate Your New Air Conditioner Guides and most recently, the Delacorte Award-winning novel, Skin Deep. The Author is married with one pre-teen daughter. And of course pets, including a silver Newfoundland puppy named Buoy.

E.M. Crane loves hiking and water skiing and reading and traveling. She writes nearly every day and loves books that allow the reader to feel like a member of the cast of characters. Some of her favorite authors are Roald Dahl, Laurie Halse Anderson, Marcus Zusak, and Robert Cormier.

### **SKY SANDS (Magic, Improv Comedy, Juggling, Origami)**

A long time performer. With over twenty-five years in the business, Sky has been a clown, a magician, a comedian, an actor and an origami instructor (currently hosting a nationally syndicated TV show). Sky has appeared on SHOWTIME, A&E and in Las Vegas and Atlantic City. He also performs comedy and inspirational corporate shows for Xerox, Kodak and at comedy clubs and theatres across the country. He has been a regular headliner at the Lake Ontario Playhouse and has performed numerous children comedy and magic shows in Sackets Harbor.