



Cornell Cooperative Extension of Chemung County

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Food Storage Information

Supermarkets today have an amazing array of fresh, frozen and prepared foods. Your store maintains rigid quality assurance and sanitation standards to make sure you always receive fresh, wholesome and safe food products.

After selecting food items, though, it's up to you to take care of them properly. The Food Keeper contains valuable food safety and storage advice to help you maintain the freshness and quality of foods that you purchase.

Food	Refrigerator	Pantry	Freezer	Special
Apples	1 to 3 weeks			Do not wash. Store in crisper or moisture resistant wrap. Wash individual apples before eating.
Asparagus	1 to 2 days		8 months	Keep in crisper
Bacon (opened)	5 to 7 days		Not recommended	Keep wrapped. Store in coldest part of refrigerator or in meat keeper
Bacon (unopened)	2 weeks	If frozen	One month	Keep wrapped. Stored in coldest part of refrigerator or in meat keeper.
Bananas	Only when fully ripe.			
Dried beans		12 months		Keep in crisper or moisture proof wrap.

Helping You Put Knowledge to Work

Cornell Cooperative Extension of Chemung County provides equal program and employment opportunities.