

Red, White and Green Soup

—Adapted from a “Moosewood
Restaurant” recipe

The following amounts are approximate and can be changed to suit your tastes.

6 cups chicken broth, homemade or canned

1 can Italian flavored diced tomatoes

2-3 cups farfalle pasta

1 quart fresh chopped or torn greens (spinach, kale, etc.)

Herbs to taste: try 1 teaspoon dried Italian herbs, or 1 tablespoon fresh, chopped basil

Grated Romano or Parmesan cheese

Optional ingredients: garbanzo beans, drained; cooked diced chicken

Heat chicken broth. Add tomatoes (do not drain). Bring to a simmer and add greens and herbs. Simmer until greens are tender. Add cooked pasta and optional ingredients if desired to each bowl with a little grated cheese.

Serves 4-6