

**Food as Medicine and Local Economic Prosperity:
Workshop for Consumers and Producers**

Friday, April 18th at the Catholic Church, 50 South Street, Cuba, NY
Pre-registration Requested Fee \$10 in advance (by April 14th) \$15 at the door.

6:00- 7:00 PM “Taste of Local Farms” Start off the evening sampling some of the locally produced foods available in our area. Farms from throughout Allegany and Cattaraugus Counties will prepare dishes using products from their farms. Taste the difference, try something new, meet our farm neighbors.

7:30 PM Keynote Speaker: Jerry Brunetti - Food as Medicine and Local Economic Prosperity

As the health care crisis escalates, prevention and holistic resolution of family health problems is shifting to healthy dietary choices and moving away from drugs and hospitalization. Government subsidies for ethanol and feedlot commodities (corn/soy) have been contributing factors toward a centralized fast-food system not conducive to local economic prosperity. As an alternative, healthy local food choices mean healthier, economically vibrant communities.

About the Speaker: In 1979, Jerry Brunetti founded Agri-Dynamics with a vision of providing a line of holistic animal remedies for farm livestock, equine, and pets. After witnessing first-hand the devastating results of conventional, chemically dependent, grain-based rationed farming practices, Jerry embarked on a crusade to educate and consult for farmers who made the wise choice to transition to ecologically responsible and sustainable farming.

In 1991, Jerry co-founded Earthworks Natural Organic Products a company which provides products and consulting services to the golf course and landscaping industries. Jerry’s aspiration was once again to encourage the implementation of ecological principles of balancing soils, reducing the use of pesticides and eliminating dependence on chemical fertilizers.

In 1999, Jerry was diagnosed with non-Hodgkin’s Lymphoma and given as little as six months to live without aggressive chemotherapy. He instead chose a holistic path of nutrition, detoxification and immune modulation and applied his vast experience with farming and animal nutrition to his own health. The links between healthy soil, truly nutritious food, and profitable, sustainable farming are clearly evident in his personal and professional experiences. His skill in communicating these topics to others has won him extensive praise from holistic health professionals, sustainable farming organizations, and many farmers and consumers. He is a highly-demanded lecturer and speaker, nationally and internationally. Jerry studied Animal Science at North Carolina State University and has served as Dairy Director of the National Farmers Organization. He serves on the Lower Mt. Bethel Township Environmental Advisory Council, and is active in other community-based organizations devoted to rebuilding local food systems and local democracy.

Registration is required by Monday, April 14th. To register, please complete the form below and return with the conference fee of \$10. Late or walk-in registration is \$15. For more information, please call Lynn at 585-268-7644 ext. 18.

**Food as Medicine and Local Economic Prosperity:
Workshop for Consumers and Producers
Pre-registration requested by: April 14th**

Name: _____ Day time phone: _____

Mailing Address: _____

Number Attending: _____ x \$10 = _____ Enclosed

Return to: Cornell Cooperative Extension of Allegany County
5435A County Road 48, Belmont, NY 14813