



EmPower New YorkSM

Energy Efficiency and Financial Management Workshops

Provided through Cornell Cooperative Extension

These 2-hour workshops, available throughout New York State, provide energy and financial information for households with limited resources faced with higher energy costs:

Save Energy, Save Dollars: Learn about low-cost and no-cost ways to save energy and reduce your energy bills. Also learn about programs that can help you afford energy-efficiency improvements with subsidies, low-interest loans, or free services to qualifying households. Participants receive a kit of energy saving items.

Making Ends Meet: This workshop provides an overview of the process for developing and using a household spending plan. Also explore ways to maximize resources and reduce energy use. Participants will receive a free money management kit.

Exploring Credit/Debt Management Issues: This workshop provides information on selecting and using credit wisely, strategies for paying down debt, obtaining and reviewing a credit report, and understanding a credit score. Participants receive free credit management tools.

These workshops are **FREE TO THE PUBLIC**. Door prizes and refreshments are provided.

Pre-Registration is required. To learn the location of workshops in your area, visit the Cornell Cooperative Extension website:

<http://www.cce.cornell.edu/tompkins/EmPowerNY>

Or: contact your local Cornell Cooperative Extension (see list on the back).



**Contact Your Local Cornell Cooperative Extension
for
Workshop Dates and Locations in Your Area**
www.ccetompkins.org/EmPowerNY

Albany	Tom Dolan	518-756-8650
Broome	Georgia Wimberly	607-772-8953
Cayuga	Doug Ververs	315-255-1183
Chemung	Mildred Glover	607-734-4453
Chenango	Rebecca Hargrave	607-334-5841
Clinton	Amy Ivy	518-561-7450
Columbia	Theresa Mayhew	518-828-3346
Cortland	Barbara Henza	607-753-5077
Dutchess	Laura Cornwall	845-677-8223
Essex	Vicki Wuest	518-962-4810
Erie	Nancy Reukauf	716-652-5400 x 134
Fulton	Craig Clark	518-762-3909
Genesee	Connie Boyce	585-343-3040
Herkimer	Bernard Armata	315-866-7920
Jefferson	Gerald Loch	315-788-8450
Lewis	Arlene Hall	315-376-5270
Montgomery	Craig Clark	518-762-3909
New York City	Delia Diaz/Jean Vernet II	212-340-2939
Niagara	Kathy Bowers	716-433-8839
Oneida	Bonnie Collins	315-736-3394
Onondaga	Steve Chandler	315-424-9485
Ontario	Pat Pavelsky	585-394-3977
Orange	Stefanie Hubert	845-344-1234
Oswego	Linda Brosch	315-963-7286
Otsego	Dianne Dirig	607-547-2536
Rensselaer	Tom Dolan	518-756-8650
Saratoga	Jackie Bokus	518-885-8995
Schoharie	Marilyn Janiczek	518-234-4303
Schuyler	Sue Larson	607-535-7161
Steuben	Nancy Reigelsperger	607-664-2304
Sullivan	Sean Welsh	845-292-6180
Tioga	Susannah Reese	607-687-4020
Tompkins	Carole Fisher/Claire Perez	607-272-2292
Ulster	Ruth Hirsh	845-340-3990
Warren	Luann Phillips	518-623-3291
Washington	John Schroeder	518-746-2560
Wayne	Sue Bray	315-331-8415 x 110
Yates	Sherri Mezzapelle	315-536-5123